

LEESBURG LEISURE

Leesburg's Parks & Recreation Guide

SEPTEMBER • OCTOBER • NOVEMBER • DECEMBER • 2017



Aquatics | Fitness | Wellness | Recreation Classes | Sports | Tennis | Arts & Crafts | Camps | Special Events

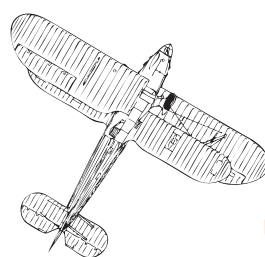


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Cover: Freeze Your Gizzard Race

fall edition

SEPTEMBER • OCTOBER • NOVEMBER • DECEMBER



SEPTEMBER 30th
11:00AM - 4:00PM

**LEESBURG
EXECUTIVE
AIRPORT**



FEATURING:

- Barrel Rolls
- Nose Dives
- Flying Formations
- Military and Civilian Aircraft
- Classic Cars
- Festival Food
- Inflatables
- Exhibitors
- Radio Controlled Airplane Demonstrations

Shuttle Service All Day. Satellite Parking Only.

SUGGESTED DONATION

\$3.00 per person • \$5.00 per family

File Your Flight Plan

www.leesburgairshow.com • 703-737-7125

Town of Leesburg Parks & Recreation

DEPARTMENT



TOWN COUNCIL

Kelly Burk,
Mayor

Suzanne Fox,
Vice-Mayor

Ronald E. Campbell

Thomas S. Dunn, II

Hugh Forsythe

Fernando "Marty" Martinez

Kenneth "Ken" Reid

Kaj H. Dentler,
Town Manager

PARKS & RECREATION ADVISORY COMMISSION

Rob Fulcer, Chair
Brody McCray, Vice Chair

Laurie Burke

Teena Clayton

David Drupa

Kevin O'Dell

Clint Walker

Commission meetings are held on the third Monday of each month, 7:00pm in the Ida Lee Park Recreation Center Conference Room, Leesburg, Virginia. The public is welcome.

Parks and Recreation Staff

ADMINISTRATION

Rich Williams, AFO, *Director of Parks & Recreation*
Kate Trask, CPRP, *Deputy Director of Parks & Recreation*
Tabitha Eagle, *Administrative Associate*
David Evans, *Systems Technician*

PARKS

Jon Cleaves, *Parks Manager*
Travis Martin, *Lead Groundskeeper*
Trae Brown, *Lead Groundskeeper*

RECREATION

Katey Jackson, *Recreation Superintendent*

Building Services

Megan MacDonald, *Building Services Supervisor*
Mirsad Gusinac, *Asst. Maintenance Supervisor*

Aquatics

Brandon Ware, AFO, *Aquatics Manager*
Beth Knight, CPO, *Aquatics Supervisor*
Tim Pope, CPO, *Asst. Aquatics Supervisor*

Fitness and Programs

Lisa Hamaker, CPRP, *Fitness and Programs Manager*
Pam Sullivan, *Fitness Supervisor*
Andrew Kim, *Sports & Fitness Supervisor*
Kemper Winstead, *Recreation Programs Supervisor*

EVENTS AND COMMUNITY OUTREACH

Linda Fountain, *Events and Outreach Manager*
Barb Smith, *Events Coordinator*
Tony Conway, *Outreach Programs Coordinator*
Maura Cashen, *Preschool Teacher*

TENNIS

Mark Elliott, *Head Tennis Professional*
Brian Ott, *Tennis Supervisor*

Parks & Recreation

Administration:

50 Ida Lee Dr., N.W.
Leesburg, VA 20176
703-777-1262
FAX: 703-737-7148



Ida Lee Park Recreation Center:

60 Ida Lee Dr., N.W.
Leesburg, VA 20176
703-777-1368
FAX: 703-737-7165



Ida Lee Park Tennis Center:

70 Ida Lee Dr., N.W.
Leesburg, VA 20176
703-737-6068



AV Symington Aquatic Center:

80 Ida Lee Dr., N.W.
Leesburg, VA 20176
703-779-5390

REGISTRATION DATES:

Tuesday, July 25th

(8:00am) for Leesburg Residents and Annual Pass Holders. Registration accepted by Fax, WebTrac, Mail-in, or Drop-off only.

Tuesday, August 1st

(8:00am) for Open Registration (Non-Leesburg Residents). Registration accepted by Fax, WebTrac, Mail-in, or Drop-off only.

Thursday, August 3rd

for Walk-in, Webtrac, and Phone Registration. Open to all. Registration may still be Faxed or Mailed.

Registration must be received at Ida Lee Park Recreation Center by 8:00am in order to be processed on that day. Any registration received after 8:00am will be processed the following day. For example, registration received at 9:00am on July 25th will not be processed until July 26th.

WebTrac online registration is available. Visit www.idalee.org or call 703-777-1368 for details.



Visit Us Online At: www.idalee.org
Follow Us On Facebook At: [idaleepark](https://www.facebook.com/idaleepark)

Two Time National Gold Medal Award Winner

PROGRAM REGISTRATION

July 25th
August 1st
Please Note
August 3rd

Leesburg Residents & Annual Pass Holders
Open Registration (Non-Leesburg Residents)
No Walk-in or Phone-in registration for above dates.
Walk-in, WebTrac, and Phone-in

Check all that apply:
☐ Change of Address
☐ New Household
☐ Annual Pass Holder

REGISTRATION ACCEPTED BY:

Fax: 703-737-7165 • WebTrac www.idalee.org • Drop-off • Mail-in • 60 Ida Lee Drive, N.W., Leesburg, VA 20176

Head of Household Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone Number: (_____) _____ Work Phone Number: (_____) _____

Cell Phone Number: (_____) _____ E-mail Address: _____

Emergency Contact: _____ Emergency Phone Number (_____) _____

☐ Individual Modification is needed. Explain: _____

Please indicate at least 3 choices.

Please note your session.

Participant Name (Last, First)	Date of Birth	Sex M/F	First Choice Class Code/Session	Class Name	Start Date	Listed Fee	2nd Choice Code/Session	3rd Choice Code/Session
Example, Jill	10/7/13	F	2 0 1 1 0 1 a	Waddler	9/6	\$60	2 0 1 1 0 1 b	2 0 1 1 0 2 a

REGISTRATION METHODS:

1. You may mail in your registration any time, BUT it will be processed according to the dates and steps above.
2. A registration must be received by 8:00am to be processed on the first day of the appropriate registration date. Any registration received after 8:00am will be processed the next day.
3. To increase fairness, all Mail-in, Drop-off, and Fax registrations will be randomly drawn from each registration day.
4. Due to the volume of Mail-in, Drop-off, and Fax registrations, we will not be able to confirm by phone that we received your form.
5. A confirmation receipt listing your class enrollment or wait-list status will be sent via email. If no email address is on file, the receipt will be mailed.
6. FULL PAYMENT must be included with your registration form(s). Payment can be made by credit card (Visa, MasterCard, AMEX, or Discover) or a check.
7. Please send a separate check for EACH program for which you are registering for. If the check you send is greater than the program fee total, your registration will not be processed until separate checks are received.

TOTAL LISTED FEE	\$
Outstanding Household Credit (apply here)	—
Senior Discount (select classes only)	—
TOTAL (PAY THIS AMOUNT)	\$

PAYMENT METHODS:

- _____/_____/_____/_____
- Credit Card (VISA, Mastercard, Discover)
- _____/_____/_____/_____
- Credit Card (American Express)
- Exp. Date: _____
- Please make checks payable to *The Town of Leesburg*.

Give us your e-mail address to receive exciting information about our facilities and programs.

Registration Reminders & General Information

FEES: Payment must accompany registration. A \$50 fee is charged for returned checks.

AGE REQUIREMENT: Participants must meet the age guidelines by the start of the program.

SENIOR CITIZEN DISCOUNT: Senior Citizens (60+) will receive a 50% discount on select classes and 20% off the adult daily admission to Ida Lee. No discounts on trips, wellness and fitness specialty classes, tennis classes, bridge classes/socials, or private lessons.

REFUND POLICY:

GENERAL:

Approved cancellation requests by patrons will be refunded by **credit card** or **check only**. No household credits will be issued. All check refunds will be mailed within three weeks after the request has been processed. Prorated values are calculated based on the remaining classes at the time that the request is received by the department. Additional details below.

PROGRAM/LEAGUE/TRIP REFUND POLICY:

- For refund requests submitted less than 14 calendar days prior to the day the program begins, there is a 50% penalty (\$100 max) per program.
- No refunds will be given on or after the day of the first class or the flag football start date without a doctor's note.
- With a doctor's note, medical refunds are only granted if they require a full withdrawal from the remainder of the session. Refunds will be prorated from the last class prior to the injury/illness and before the mid-point of the program.
- Even with a doctor's note, there will be no refunds from the day of the mid-point of the program or after for any reason.
- No refunds will be issued for programs/sessions that have ended.
- No make-ups or refunds are given for missed classes.
- If a program or trip meets only one time, no refunds will be given. Full refunds will be issued if the program/trip is cancelled.

CONTRACTED CLASS:

- Contracted classes may impose different refund standards for payments made directly to the provider.
- Payments to the Town of Leesburg for contracted classes follow the refund policies as stated above.
- Paid supply fees are non-refundable.

CAMPS/ACADEMIES:

- The camp registration fee is non-refundable.
- To obtain a full refund, refund requests must be submitted 14 calendar days prior to the day camps begin. A refund requested less than 14 calendar days prior to the day camps begin, will incur a 50% penalty (\$100 max) per camp session. After the start of the session and prior to the mid-point, refunds will be prorated. There will be no refunds after the mid-point of the program for any reason.
- Full refunds will be issued if a camp program is cancelled. Field trips are non-refundable.
- With a doctor's note, medical refunds are only granted if they require a full withdrawal from the remainder of the session. Refunds will be prorated from the last class prior to the injury/illness and before the mid-point of the program.
- Even with a doctor's note, there will be no refunds from the day of the mid-point of the program or after for any reason.
- For academies, inclement weather refunds will not be given unless two or more days per session are cancelled.

PASSES:

- For passes paid in full, refunds may vary based upon the date of refund request.
- No retro-dated refunds will be honored for any pass type.

AUTOMATIC DEDUCTION PASSES:

- Cancellations will be permitted for medical reasons (accompanied with a doctor's note) and for patron's moving out of the area.
- A 30 day written notice is required.
- Cancellations prior to the initial 12 months will be charged a 25% cancellation penalty for the remaining value of the pass which will be billed to the credit card or bank card.

BIRTHDAY PACKAGES & MULTIPURPOSE ROOM RENTAL:

Refunds will not be issued with less than 14 calendar days notice. Please contact the rental coordinator for the detailed refund policy.

PERSONAL TRAINING SESSIONS, PRIVATE TENNIS LESSONS, OR PRIVATE SWIM LESSONS:

For refund details, please contact program area for specifics.

FINANCIAL AID/SCHOLARSHIPS: Only Leesburg residents qualify. Forms are available at the front desk of the Recreation Center or for more information, call 703-777-1368.

WAITLIST: If you have been placed on a waitlist for a class, you will not be charged to remain on the waitlist. If space becomes available, you will be notified by phone and given direction on how to pay for enrollment.

RECEIPTS: Receipts will be emailed unless you specifically ask to have one mailed.

INCLEMENT WEATHER POLICY: In the event of inclement weather, please call our information line at 703-737-7166 for class cancellations. If classes are cancelled due to inclement weather, attempts will be made to make up missed classes at the end of the session.

CANCELLATIONS: The Parks and Recreation Department reserves the right to cancel a class/special event due to insufficient enrollment. It requires a certain number of participants to justify offering a course and if that minimum is not reached, the course is cancelled. Classes are normally cancelled one week before each session begins. Please REGISTER EARLY!

MODIFICATIONS: The Town of Leesburg Parks and Recreation Department is committed to providing recreation for all persons. Advanced notice for program modifications is requested. If transportation assistance is needed, please call Virginia Regional Transit at 703-777-2708. If assistance is needed for the hearing impaired, please call us through the Virginia Relay Center at 1-800-828-1140.

PHOTOGRAPHIC RELEASE: By participating in programs and using our facilities, you are granting the Town of Leesburg and the Parks and Recreation Department permission to use photographic images of you and/or your minors for marketing purposes.

WAIVER: *Participants in programs and activities offered by Leesburg Parks and Recreation agree to indemnify and hold harmless the Town of Leesburg, its employees, and agents from and against any and all liability for any injury which may be suffered by the individual arising out of or in any way connected with participation in the activity(ies).*

LOCATION: *All classes will be held at Ida Lee Park Recreation Center unless otherwise noted in the class description.*



Ida Lee Park

RECREATION CENTER

HOURS • FEES & PASSES
703-777-1368

Admission Fees

	Leesburg Resident	Non- Resident	
DAILY ADMISSION			
Adult	\$5.50	\$7.50	
Youth (15 and under)	\$4.00	\$5.25	
Senior Citizen (60+)	\$4.00	\$5.25	
25-ADMISSION COUPONS			
Adult	\$121.00	\$160.00	
Youth (15 and under)	\$93.00	\$123.00	
Senior Citizen (60+)	\$93.00	\$123.00	
PASSES			
Single Adult	Annual	\$429.00	\$571.00
	6 Months	\$236.00	\$314.00
	30 Days	\$52.00	\$69.00
Two Adult	Annual	\$803.00	\$1,070.00
	6 Months	\$434.00	\$578.00
	30 Days	\$ 92.00	\$122.00
Family Dependent	Annual	\$124.00	\$165.00
	6 Months	\$107.00	\$142.00
	30 Days	\$24.00	\$32.00
Single Dependent	Annual	\$349.00	\$465.00
	6 Months	\$191.00	\$254.00
	30 Days	\$41.00	\$54.00
Family	Annual	\$1,035.00	\$1,379.00
	6 Months	\$565.00	\$753.00
	30 Days	\$115.00	\$153.00
Senior	Annual	\$349.00	\$465.00
	6 Months	\$191.00	\$254.00
	30 Days	\$41.00	\$54.00
Senior Couple	Annual	\$620.00	\$826.00
	6 Months	\$354.00	\$472.00
	30 Days	\$75.00	\$100.00

Facility Rental Fees

UPPER LEVEL RENTAL AREAS

	Hourly Rate
Multipurpose Room (MPR)	\$60
MPR-Right / MPR-Left	\$25 / \$35
Arts and Crafts Room	\$25
1/2 Gym / Whole Gym	\$65 / \$115
Whole Pool (staffing extra)	\$125
Auxiliary Pool (includes one guard)	\$100

LOWER LEVEL MEETING ROOMS

PRIVATE	Hourly	Six Hours	Full Day (10 hr. max.)
1000 Sq. Ft.	\$85	\$345	\$515
3000 Sq. Ft.	\$200	\$805	\$1,200
NON-PROFIT			
1000 Sq. Ft.	\$60	\$230	\$345
3000 Sq. Ft.	\$150	\$575	\$860

Fall Recreation Center Hours

Monday - Friday	5:00am - 10:00pm
Saturday	6:00am - 8:00pm
Sunday	7:00am - 8:00pm

POOL HOURS

MAIN POOL

Monday-Friday

5:00am - 9:30pm

Saturday

6:00am - 8:00pm
(Pool closed
9:00am-12:00pm)

Sunday

7:00am - 6:00pm

AUXILIARY POOL

Monday & Wednesday

5:30am - 7:30am

7:30am - 8:30am (HP)

11:30am - 3:00pm

7:00pm - 9:30pm

Tuesday & Thursday

5:30am - 8:50am (HP)

11:30am - 3:00pm

7:00pm - 9:30pm

Friday

5:30am - 7:30am

7:30am - 8:30am (HP)

11:30am - 9:30pm

Saturday

6:00am - 9:00am

12:00pm - 2:00pm (AD)

2:00pm - 8:00pm

Sunday

7:00am - 10:00am (AD)

10:00am - 8:00pm

HP - Half Pool
AD - Adult Only

HOLIDAY FACILITY HOURS

Labor Day

8:00am - 8:00pm

Thanksgiving

5:00am - 12:00pm

Christmas Eve

7:00am - 4:00pm

Christmas Day

CLOSED

New Year's Eve

7:00am - 7:00pm

New Year's Day

12:00pm - 8:00pm



AUTOMATIC DEDUCTION AVAILABLE

Visit www.idalee.org or
call the Recreation Center at 703-777-1368.



Our mission is to provide high quality programs, parks, and facilities to meet the diverse needs of all citizens. Our staff is here to help make your visit as pleasant as possible. We strive to meet all your recreational needs in a clean and friendly environment. Please do not hesitate to contact us if we can be of service to you.

end of summer

don't miss out on the fun



END YOUR SUMMER WITH A SPLASH!



OPEN UNTIL SEPTEMBER 4th

Limited Hours for Town Residents and Non-Residents

703-779-5390 • www.avsac.org

ADMISSION:

Daily Fees	Town Residents		Non-Residents	
	M-F	Sat/Sun/Holidays	M-F	Sat/Sun/Holidays
Two and Under	Free	Free	Free	Free
Youth and Senior	\$5.00	\$6.00	\$8.00	\$ 9.00
Adult	\$6.00	\$7.00	\$9.00	\$10.00
After 5:00pm	\$4.00	\$4.00	\$6.00	\$ 6.00
*Limited Pool Hours	\$4.00	Regular Prices	\$6.00	Regular Prices

ANNUAL DOG SWIM

Celebrate the end of the pool season with a dog swim at the AV Symington Aquatic Center. Pool will be open for dogs only to swim and play. Bring your own doggie dish for water. Dog handlers are limited to two dogs and must be 16 years or older. All dogs must be legally licensed and vaccinated and shall wear a visible dog license. Children ages 9 and under must stay in the snack area of the pool deck. Pre-registration recommended and payments will be accepted at the front gate. 1, 4-hour event.

CODE	DAY	TIME	DATE	FEE
210119a	SAT	10:00am	9/9	\$5

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

KEY

 TOWN 11:00am-8:00pm
 OTHER 12:00pm-8:00pm
 TOWN 11:00am-7:00pm
 OTHER 12:00pm-7:00pm
 OPEN 12:00pm-4:00pm
 CLOSED

**9/9/2017
DOG SWIM
ONLY**



AVSAC Waterpark



AVSAC_waterpark



AVSwimsIdaLee

AV SYMINGTON AQUATIC CENTER
703-779-1368



aquatics

classes • activities • programs

AQUATIC CLASSES
703-777-1368

Ida Lee Swimming Lessons: Please read the descriptions of each class to register for the appropriate skill level. We recommend that you schedule a **free swimming assessment** if you are unsure of your child's ability level or if this is your first time taking classes at Ida Lee. Please call us at 703-777-1368 to schedule a free swim assessment. Each level is based on a skills progression and may need to be repeated until the student is comfortable enough to progress to the next level.

Important Aquatic Program Information:

- During swim lessons, guardians may watch their children from the bleacher area or the vending area.
- Patrons accompanying students in aquatics programs must pay general admission fees to **use** the facility.
- No make-ups or refunds are given for missed lessons due to personal reasons.
- Participants may only register for one Learn-to-Swim class per session.
- Participants must be correct age by the start of class.
- **Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.**
- Children under the age of 9 must be accompanied by an adult on the pool deck.

No Learn-to-Swim classes on

October 31st (after 4:45pm), November 6th, November 7th, and November 22nd-26th.

Parent & Baby Swim Classes

(Ages 6 months-2 yrs) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. **Prerequisite:** One adult is required to get in the pool with each child. Other children may not be unattended on the pool deck. **Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.** No class 11/6, 11/22-11/25. 7, 30-minute classes.

CODE	DAY	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201000	MON	11:00am	9/11-10/23	N/A	10/30-12/18	N/A	\$60
201001	WED	5:40pm	9/6-10/18	N/A	10/25-12/13	N/A	\$60
201002	THU	11:00am	9/7-10/19	N/A	10/26-12/14	N/A	\$60
201003	FRI	10:20am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201004	SAT	9:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201005	SAT	10:20am	9/9-10/21	N/A	10/28-12/16	N/A	\$60

Parent & Child Swim Classes

(Ages 2-5) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. **Prerequisite:** One adult is required to get in the pool with each child. Other children may not be unattended on the pool deck. **Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.** No classes 11/6, 11/7, 11/21, 11/24-11/26. 7, 30-minute classes.

CODE	DAY	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201010	MON	5:40pm	9/11-10/23	N/A	10/30-12/18	N/A	\$60
201011	TUE	11:00am	9/5-10/17	N/A	10/24-12/19	N/A	\$60
201012	FRI	11:00am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201013	SAT	9:40am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201014	SAT	11:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201015	SUN	10:00am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

15% OFF Fall Pass Sale

For Ida Lee Park Recreation Center • Valid: 9/15/17 - 10/15/17

Tiny Tikes 2's Swim Classes

(Age 2 Only) This unique class introduces 2 year olds to group swimming lessons and teaches face submersion, blowing bubbles, breath control, floating on front and back (with support), arm and leg movements, and safety. Classes are limited to just 3 participants each. If you would like to request a space in this class, please register using the code listed below. You will receive a call in the order of your waitlist number to schedule a readiness assessment. We cannot guarantee a space. Classes are filled on a first-come, first-served basis. There is no cost to be on the waiting list. **Prerequisite:** Children must function well in a group setting without a parent and pass the readiness assessment. **No goggles permitted in this class. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit – no disposable or cloth diapers.** No class 10/31 (evening classes after 4:45pm), 11/7, 11/21, 11/23. 7, 30-minute classes.

CODE	DAY	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201030	TUE	9:00am	9/5-10/17	N/A	10/24-12/19	N/A	\$60
201031	TUE	9:40am	9/5-10/17	N/A	10/24-12/19	N/A	\$60
201032	TUE	5:00pm	9/5-10/17	N/A	10/24-12/19	N/A	\$60
201033	THU	9:00am	9/7-10/19	N/A	10/26-12/14	N/A	\$60
201034	THU	9:40am	9/7-10/19	N/A	10/26-12/14	N/A	\$60
201035	THU	5:00pm	9/7-10/19	N/A	10/26-12/14	N/A	\$60

Weekday Morning Group Classes

(Ages 3-6) Sign up for the days and times that are most convenient for you! Each child will be assessed on the first day of class and assigned a swim level – Waddler through Lap Swimmer. **Prerequisite:** Children must function well in a group class without a parent. **Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit – no disposable or cloth diapers.** No class 11/6, 11/7. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201040	M/W	9:00am	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201041	M/W	9:40am	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201042	M/W	10:20am	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201043	T/TH	9:00am	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201044	T/TH	9:40am	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201045	T/TH	10:20am	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60

Waddler

(Ages 3-5) The Waddler swim class teaches breath control, face submersion, floating on front and back (with flotation support), arm and leg movements, and safety. **Prerequisite:** Children must function well in a group class without a parent. **No goggles permitted in this class. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.** No class 10/31 (evening classes after 4:45pm), 11/6, 11/7, 11/24-11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201100	MON	11:00am	9/11-10/23	N/A	10/30-12/18	N/A	\$60
201101	M/W	12:40pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201102	M/W	5:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201103	T/TH	12:00pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201104	T/TH	12:40pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201105	T/TH	3:40pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201106	T/TH	5:40pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201107	FRI	9:00am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201108	FRI	11:00am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201109	FRI	12:00pm	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201110	SAT	9:40am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201111	SAT	11:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201112	SUN	10:00am	9/10-10/22	N/A	10/29-12/17	N/A	\$60
201113	SUN	10:40am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Private Swim Lessons

(Ages 4 & up) A limited number of private swim lessons will be offered from September - December. If you would like to request a private swim lesson, please register using the code below. You will receive a call in the order of your waitlist number, although we are unable to guarantee a space. Lesson times and instructor availability is on a first-come, first-served basis. **Please note: There are no refunds or make-ups for missed private swim lessons. There is no cost to be on the waitlist. Payment is due when the lessons are scheduled. You will need to register each seasonal session to be on the waitlist.**

CODE

203000a-Private Swim Lesson Request
 One Student - \$180
 Two Students - \$210

5, 30-minute lessons
 Three Students - \$240
 Four Students - \$270

Floater

(Ages 3-5) The Floater swim class teaches breath control, face and head submersion, floating on front and back independently, swimming 5 yards on front and back (with flotation support), and safety. **Prerequisite:** Fully submerge face for 3 seconds and float on front and back (with flotation support). **No goggles permitted in this class. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.** No class 10/31 (evening classes after 4:45pm), 11/6, 11/7, 11/24-11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201120	MON	11:00am	9/11-10/23	N/A	10/30-12/18	N/A	\$60
201121	M/W	12:40pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201122	M/W	1:20pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201123	M/W	5:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201124	M/W	5:40pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201125	T/TH	11:00am	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201126	T/TH	12:00pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201127	T/TH	12:40pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201128	T/TH	2:00pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201129	T/TH	5:00pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201130	FRI	9:40am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201131	FRI	11:00am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201132	FRI	12:00pm	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201133	FRI	12:40pm	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201134	SAT	9:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201135	SAT	10:20am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201136	SUN	10:40am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Paddler

(Ages 3-5) The Paddler swim class teaches rhythmic breathing, gliding on front and back, rolling over, swimming 5 yards on front and back, sitting dive, swimming in deep water, and safety. **Prerequisite:** Fully submerge body for 5 seconds, float on front and back independently, and swim 5 yards on both front and back (with flotation support). **Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.** No class 10/31 (evening classes after 4:45pm), 11/6, 11/7, 11/24-11/26. 7, 30-minute.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201140	M/W	1:20pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201141	M/W	2:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201142	M/W	5:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201143	M/W	5:40pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201144	T/TH	12:00pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201145	T/TH	1:20pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201146	T/TH	5:40pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201147	FRI	9:00am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201148	FRI	10:20am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201149	FRI	12:40pm	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201150	SAT	9:40am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201151	SAT	11:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201152	SUN	10:00am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Swimmer

(Ages 4-6) The Swimmer class teaches rotary breathing, swimming 15 yards of front crawl and elementary backstroke, kneeling dive, treading water, and safety. **Prerequisite:** Float on front and back for 5 seconds in 4 feet of water, swim 5 yards on both front and back, and be comfortable in deep water. No class 10/31 (evening classes after 4:45pm), 11/6, 11/7, 11/24-11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201160	M/W	2:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201161	M/W	5:40pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201162	T/TH	12:40pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201163	T/TH	1:20pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201164	T/TH	2:00pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201165	T/TH	5:00pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201166	FRI	9:00am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201167	FRI	1:20pm	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201168	SAT	9:40am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201169	SAT	11:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201170	SUN	10:40am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Lap Swimmer

(Ages 4-7) The Lap Swimmer class teaches swimming 25 yards of front crawl and elementary backstroke, 15 yards of back crawl, breaststroke kick, standing dive, treading water, and safety. **Prerequisite:** Swim 15 yards each of front crawl (with some rotary breathing) and elementary backstroke. No class 10/31 (evening classes after 4:45pm), 11/6, 11/7, 11/24-11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201180	M/W	4:20pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201181	T/TH	1:20pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201182	T/TH	6:20pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201183	FRI	9:40am	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201184	FRI	1:20pm	9/8-10/20	N/A	10/27-12/15	N/A	\$60
201185	SAT	9:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201186	SUN	12:00pm	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Advanced Lap Swimmer

(Ages 4-7) The Advanced Lap Swimmer class teaches swimming 25 yards of front crawl, elementary backstroke, and back crawl; 15 yards of breaststroke, sculling, surface dives, treading water, and safety. **Prerequisite:** Swim 25 yards each of front crawl (with rotary breathing) and elementary backstroke, and 15 yards of back crawl. No class 10/31 (evening classes after 4:45pm), 11/7, 11/25. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201191	T/TH	2:00pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201192	T/TH	5:00pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201193	SAT	9:40am	9/9-10/21	N/A	10/28-12/16	N/A	\$60



JOIN US IN THE POOL

Diving Board & Rock Wall Hours

Tuesday & Friday 7:00pm-8:30pm
Saturday & Sunday 1:00pm-4:50pm

Through August 18th
Monday - Friday 12:00pm - 4:00pm



AQUATIC CLASSES

703-777-1368

Splish Splash Have Your Birthday Bash

at
Ida Lee Park Recreation Center!

PACKAGES INCLUDE:

- 1 1/2-Hour Room Rental • Pizza & Juice Boxes
- Balloons • Set-up and Clean-up
- Unlimited Swimming *(Adult Chaperones Swim for Free)*



Complete Birthday Party Packages Available **STARTING AT \$250**

Contact our rental coordinator for more details
rentalcoordinator@leesburgva.gov or call 703-737-2371

learn-to-swim classes

Virginia Swims Advisory Group



Swim Level 1

(Ages 6-12) The Swim Level 1 class teaches breath control, face submersion, floating on front and back (with support), swimming 5 feet on front and back (with support), and safety. **No goggles permitted in this class.**

Prerequisite: Students must function well in a group class without a parent. No class 10/31 (evening classes after 4:45pm), 11/6, 11/7, 11/25-11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201212	M/W	5:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201213	T/TH	5:40pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201214	SAT	10:20am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201215	SUN	11:20am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Swim Level 2

(Ages 6-12) The Swim Level 2 class teaches breath control and head submersion, floating on front and back, gliding on front and back, rolling over, swimming 5 yards on front and back, and safety. **Prerequisite:** Fully submerge face for 3 seconds, float on front and back (with support), and swim 5 feet on both front and back (with support). No class 10/31 (evening classes after 4:45pm), 11/6, 11/7, 11/25, 11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201220	MON	12:00pm	9/11-10/23	N/A	10/30-12/18	N/A	\$60
201222	M/W	6:20pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201223	T/TH	4:20pm	9/5-9/26	9/28-10/19	10/24-11/16	11/28-12/19	\$60
201224	T/TH	7:00pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201225	SAT	10:20am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201226	SAT	11:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201227	SUN	12:00pm	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Swim Level 3

(Ages 6-12) The Swim Level 3 class teaches rotary breathing, swimming 15 yards of front crawl, elementary backstroke, and back crawl, jumping into deep water, treading water, and safety. **Prerequisite:** Float on front and back for 5 seconds and swim 5 yards on both front and back. No class 10/31 (evening classes after 4:45pm only), 11/6, 11/7, 11/22, 11/25, 11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201230	MON	12:00pm	9/11-10/23	N/A	10/30-12/18	N/A	\$60
201231	WED	12:00pm	9/6-10/18	N/A	10/25-12/13	N/A	\$60
201232	M/W	6:20pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201233	M/W	7:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201234	T/TH	6:20pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201235	T/TH	7:00pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201236	SAT	9:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201237	SAT	10:20am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201238	SUN	11:20am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Swim Level 4

(Ages 6-12) The Swim Level 4 class teaches 25 yards of front crawl (with rotary breathing), elementary backstroke, and back crawl; 15 yards of breaststroke, standing dive, surface dives, treading water, and safety. **Prerequisite:** Swim 15 yards each of front crawl, elementary backstroke, and back crawl. No class 10/31 (evening classes after 4:45pm only), 11/6, 11/7, 11/22, 11/25, 11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201240	MON	12:00pm	9/11-10/23	N/A	10/30-12/18	N/A	\$60
201241	WED	12:00pm	9/6-10/18	N/A	10/25-12/13	N/A	\$60
201242	M/W	6:20pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201243	M/W	7:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201244	T/TH	5:40pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201245	T/TH	6:20pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201246	SAT	9:40am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201247	SAT	10:20am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201248	SUN	11:20am	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Swim Level 5

(Ages 6-12) The Swim Level 5 class teaches 50 yards of front crawl (with bi-lateral breathing), elementary backstroke, and back crawl; 25 yards of breaststroke, 15 yards of butterfly, surface dives, open turns, treading water, and safety. **Prerequisite:** Swim 25 yards each of front crawl, elementary backstroke and back crawl in good form, and 15 yards of breaststroke. No class 10/31 (evening classes after 4:45pm), 11/6, 11/22, 11/25, 11/26. 7, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201251	WED	12:00pm	9/6-10/18	N/A	10/25-12/13	N/A	\$60
201252	M/W	7:00pm	9/6-9/27	10/2-10/23	10/25-11/20	11/27-12/18	\$60
201253	T/TH	6:20pm	9/5-9/26	9/28-10/19	10/24-11/21	11/28-12/19	\$60
201254	SAT	9:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$60
201255	SUN	12:00pm	9/10-10/22	N/A	10/29-12/17	N/A	\$60

Swim Level 6

(Ages 6-14) The Swim Level 6 class teaches 100 yards of front crawl and back crawl, 50 yards of breaststroke, 25 yards of butterfly and sidestroke. The class develops good fitness habits, introduces a wide range of aquatic activities to meet individual needs, and teaches safety skills. **Prerequisite:** Participants must have completed Level 5. No class 11/25. 7, 45-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
201260	M/W	7:00pm	N/A	10/2-10/23	N/A	11/27-12/18	\$70
201261	SAT	11:00am	9/9-10/21	N/A	10/28-12/16	N/A	\$70

Adaptive Aquatics

(Ages 3-12) Adaptive Aquatics is a flexible water activity for individuals with physical or cognitive disabilities. Emphasis is placed on developing swimming skills and basic movements to meet the needs of participants. **Prerequisite:** A family member is required to assist in the water during Adaptive Aquatics classes. No class 11/25. 7, 45-minute classes.

(AGES 7-12)

CODE	DAY	TIME	DATES	FEE
201501a	SAT	9:40am	9/9-10/21	\$70
201501c	SAT	9:40am	10/28-12/16	\$70

(AGES 3-6)

CODE	DAY	TIME	DATES	FEE
201510a	SAT	10:35am	9/9-10/21	\$70
201510c	SAT	10:35am	10/28-12/16	\$70

Springboard Diving

(Ages 7-14) Learn the major components of springboard diving (approach, take off, flight, and entry) and learn new dives. Introduced dives may include: forward dive, tuck and pike, back dive, and inwards.

Prerequisite: Swim 25 yards in deep water and perform a standing front dive from the side of the pool. No class 11/23, 11/25. 7, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
201800a	THU	7:00pm	9/7-10/19	\$70
201800c	THU	7:00pm	10/26-12/14	\$70
201802a	SAT	11:30am	9/9-10/21	\$70
201802c	SAT	11:30am	10/28-12/16	\$70

Advanced Springboard Diving

(Ages 7-14) Learn new dives and flips while developing your technique on our one-meter springboard. **Prerequisite:** Must have completed Springboard Diving, can swim 25 yards in deep water, and perform a 3-step approach to a forward dive. No class 11/25. 7, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
201801a	SAT	12:15pm	9/9-10/21	\$70
201801c	SAT	12:15pm	10/28-12/16	\$70

Mid-Day Swim Team

(Ages 7-14) Swim team environment designed to fit the schedule of home school students. This class is designed for more experienced swimmers who are still developing competitive strokes. **Prerequisite:** Student must have completed Level 5 and must be able to swim 50 yards in good form. No class 11/6. 7, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
201420a	M/W	12:00pm	9/6-9/27	\$70
201420b	M/W	12:00pm	10/2-10/23	\$70
201420c	M/W	12:00pm	10/25-11/20	\$70
201420d	M/W	12:00pm	11/27-12/18	\$70

Developmental Swim Team

(Ages 7-10) This class is designed to introduce younger and less proficient swimmers to a swim team environment. The competitive strokes (front crawl, back crawl, breaststroke, and butterfly) are taught in a low pressure, non-competitive environment. Swimmers will improve on stroke technique while learning the fundamentals of competitive swimming. **Prerequisite:** Student must have completed Level 4 or Advanced Lap Swimmer and swim 25 yard in good form. No class 11/6, 11/26. 7, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
201430a	M/W	3:30pm	9/6-9/27	\$70
201430b	M/W	3:30pm	10/2-10/23	\$70
201430c	M/W	3:30pm	10/25-11/20	\$70
201430d	M/W	3:30pm	11/27-12/18	\$70
201430e	SUN	12:00pm	9/10-10/22	\$70
201430f	SUN	12:00pm	10/29-12/17	\$70

Pass

15% Off

Fall Sale

For

Ida Lee

Park

Recreation

Center

Valid:

9/15/17 - 10/15/17

Advanced Developmental Swim Team

(Ages 8-14) This class is designed for experienced swimmers who are still developing competitive strokes.

Prerequisite: Student must have completed Level 5 and must be able to swim 50 yards in good form. No class 11/6, 11/25. 7, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
201431a	M/W	4:30pm	9/6-9/27	\$70
201431b	M/W	4:30pm	10/2-10/23	\$70
201431c	M/W	4:30pm	10/25-11/20	\$70
201431d	M/W	4:30pm	11/27-12/18	\$70
201431e	SAT	10:15am	9/9-10/21	\$70
201431f	SAT	10:15am	10/28-12/16	\$70

Off-Season Conditioning

(Ages 11-18) This is a great training and conditioning program for competitive swimmers who want to maintain their edge and perfect their strokes.

Prerequisite: Swimmers can swim the four competitive strokes. No class 11/6, 11/25. 7, 60-minute classes.

CODE	DAYS	TIME	DATES	FEE
201440a	M/W	5:30pm	9/6-9/27	\$74
201440b	M/W	5:30pm	10/2-10/23	\$74
201440c	M/W	5:30pm	10/25-11/20	\$74
201440d	M/W	5:30pm	11/27-12/18	\$74
201440e	M/W	5:30pm	9/6-12/18 all four M/W sessions	\$294
201440f	SAT	9:00am	9/9-10/21	\$74
201440g	SAT	9:00am	10/28-12/16	\$74

Adult Beginner Swimming

(Ages 13 & up) Overcome your hesitation with water at a comfortable pace while learning basic elements of swimming. This class focuses on water adjustment, breath control, floating, gliding, and beginning to learn front crawl and back crawl. **Prerequisite:** A desire to learn. No class 10/31 (evening classes after 4:45pm), 11/7, 11/25, 11/26. 7, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
201600a	T/TH	7:00pm	9/5-9/26	\$70
201600c	T/TH	7:00pm	10/24-11/21	\$70
201601a	SAT	8:00am	9/9-10/21	\$70
201601c	SAT	8:00am	10/28-12/16	\$70
201602a	SUN	11:15am	9/10-10/22	\$70
201602c	SUN	11:15am	10/29-12/17	\$70

Adult Advanced Beginner Swimming

(Ages 13 & up) Now that you are comfortable in the water and have learned some basic skills, build on your knowledge while learning new skills. Skills include front crawl, back crawl, rotary breathing, breaststroke kick, deep water adjustment, and treading water.

Prerequisite: Must be comfortable in water and swim 5 yards on front and back. No class 11/25. 7, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
201610b	T/TH	7:00pm	9/28-10/19	\$70
201610d	T/TH	7:00pm	11/28-12/19	\$70
201611a	SAT	8:00am	9/9-10/21	\$70
201611c	SAT	8:00am	10/28-12/16	\$70

Adult Intermediate Swimming

(Ages 13 & up) Improve your stroke technique and learn new strokes! Develop your technique with front and back crawl to swim longer distances. Also, learn breaststroke, elementary backstroke, and sidestroke. This class is mostly taught in deep water. **Prerequisite:** Comfort in deep water and swim 10-15 yards of front and back crawl. No class 11/25. 7, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
201612a	M/W	7:00pm	9/6-9/27	\$70
201612b	SAT	8:45am	9/9-10/21	\$70
201212c	SAT	8:45am	10/28-12/16	\$70

Adult Stroke Refinement/Conditioning

(Ages 16 & up) Become a stronger, faster swimmer by learning how to improve your stroke, breathing, and turns for more efficiency. Build your endurance by doing drills to become a stronger distance swimmer.

Prerequisite: Swim 50 yards of any stroke in good form. No class 11/7, 11/26. 7, 60-minute classes.

CODE	DAYS	TIME	DATES	FEE
201750a	T/TH	7:00am	9/5-9/26	\$74
201750b	T/TH	7:00am	9/28-10/19	\$74
201750c	T/TH	7:00am	10/24-11/16	\$74
201750d	T/TH	7:00am	11/28-12/19	\$74
201750e	SUN	10:00am	9/10-10/22	\$74
201750f	SUN	10:00am	10/29-12/17	\$74

Young Masters Swim Team

(Ages 14-18) This is a great conditioning class for experienced high school swimmers who want to participate in a group swim team setting while keeping up stroke techniques and endurance. Class coincides with the Masters Swim Class. Conducted in water that is maintained between 83-85 degrees.

CODE	DAYS	TIME	DATES	FEE
201910a	M/W	7:30-8:30pm	September	\$40
201910b	M/W	7:30-8:30pm	October	\$40
201910c	M/W	7:30-8:30pm	November	\$40
201910d	M/W	7:30-8:30pm	December	\$30

Masters Swim

(Ages 16 & up) This is a great conditioning class for experienced swimmers or anyone wanting to participate in a group swim team atmosphere. Perfect your strokes, meet new people, and feel better. Conducted in water that is maintained between 83-85 degrees. No class 11/23.

CODE	DAYS	TIME	DATES	FEE
201900a	T/TH/F	5:30-7:00am	September	\$60
201900c	M/W	7:30-8:30pm		\$40
201901a	T/TH/F	5:30-7:00am	October	\$60
201901c	M/W	7:30-8:30pm		\$40
201902a	T/TH/F	5:30-7:00am	November	\$60
201902c	M/W	7:30-8:30pm		\$40
201903a	T/TH/F	5:30-7:00am	December	\$60
201903c	M/W	7:30-8:30pm		\$40

safety academy

hands-on activities • emergency skills



Babysitter's Training

(Ages 11-15) The American Red Cross Babysitter's Training Course will teach young people the skills and confidence needed to safely and responsibly care for children and infants. Through hands-on activities, interactive video and lively discussions, the course teaches young people how to interview for a babysitting job, make responsible decisions, and keep the children they babysit and themselves safe. Skills taught include: rescue breathing, first aid for choking, first aid for bleeding, and basic care (diapering, holding, feeding, and dressing) for infants and young children. Upon successful completion of the course, participants will receive an American Red Cross Babysitter's Training certificate. Participants are encouraged to bring a packed lunch. **Participant manual will be included.** 1, 7-hour class.

CODE	DAY	TIME	DATE	FEE
204918a	SAT	9:00am-4:00pm	9/16	\$75
204918b	SAT	9:00am-4:00pm	11/4	\$75
204918c	SUN	1:00pm-8:00pm	9/24	\$75
204918d	SUN	1:00pm-8:00pm	10/22	\$75
204918e	SUN	1:00pm-8:00pm	11/19	\$75

American Heart Association Heartsaver First Aid Class

(Ages 11 & up) Participants are taught the necessary skills to provide care in an emergency, help sustain life, and minimize the consequences of injury or sudden illness until professional medical help arrives. The American Heart Association Heartsaver First Aid certification is valid for two years. **This course does not include CPR. Participant manual will be included.** 1, 3-hour class.

CODE	DAY	TIME	DATE	FEE
204913a	TUE	5:30pm-8:30pm	9/12	\$75
204913b	TUE	5:30pm-8:30pm	10/10	\$75
204913c	TUE	5:30pm-8:30pm	11/14	\$75
204913d	TUE	5:30pm-8:30pm	12/5	\$75

American Heart Association Heartsaver CPR/AED Class

(Ages 11 & up) Participants are taught the skills needed to recognize emergency situations, and to care for life-threatening respiratory or cardiac emergencies. Adult, Child, and Infant CPR with an AED is taught. The American Heart Association Heartsaver CPR/AED Course certification is valid for two years. **Participant manual will be included.** 1, 4-hour class.

CODE	DAY	TIME	DATE	FEE
204921a	TUE	5:30pm-9:30pm	9/19	\$100
204921b	TUE	5:30pm-9:30pm	10/17	\$100
204921c	TUE	5:30pm-9:30pm	11/28	\$100
204921d	TUE	5:30pm-9:30pm	12/12	\$100

Lifeguard Training

(Ages 15 & up) Participants of the American Red Cross Lifeguarding Training course are taught the skills and knowledge to prevent, recognize, and respond to emergencies in and around the water. Upon successful completion of the course, participants will be certified in Lifeguard Training/CPR/AED and First Aid which is valid for 2 years. Participants are encouraged to bring a packed lunch. **Participant manual and a pocket mask will be provided. Attendance is mandatory at all sessions. Prerequisite:** Participant must be 15 years old on or before the LAST day of class and pass a pre-course skills session, on first day of class. **This is a blended learning class that requires an online 10 hour portion to be completed prior to the first day. The swimming requirements include:** a 300 yard continuous swim, using 100 yards of front crawl, 100 yards of breaststroke, and 100 yards of front crawl or breaststroke or a combination of both; starting in the water, swim 20 yards front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object on the back and exit the water without using a ladder or steps within 1 minute, 40 seconds; tread water for 2 minutes using only the legs. 3, 8-hour classes plus 10-hour online portion prior to class start date.

CODE	DAYS	TIME	DATES	FEE
204810a	TUE-THU	9:00am-5:00pm	12/19-12/21	\$250

NEW American Red Cross Lifeguard Training Review

(Ages 15 & up) The Lifeguard Training Review class renews the participant's unexpired certificates in Lifeguarding, CPR/AED, and First Aid. Upon successful completion of the course, participants will be renewed for Lifeguarding, CPR/AED, and First Aid which is valid for two years.

Participants must bring the ARC Lifeguard Training textbook and pocket mask to class. Participants are encouraged to bring a packed lunch.

Prerequisites: Must have an unexpired ARC Lifeguard Training Certificate. If certificate is expired, student must register for the full Lifeguard Training course. 2, 6-hour classes.

CODE	DAYS	TIME	DATES	FEE
204812a	SAT/SUN	9:00am-3:00pm	10/7-10/8	\$125
204812b	SAT/SUN	9:00am-3:00pm	11/18-11/19	\$125
204812c	WED/THU	9:00am-3:00pm	12/27-12/28	\$125

Safety Academy Refund Policy

No refunds to participants after the first day of class.

SAFETY ACADEMY CLASSES
703-777-1368

new
SCOUT SKILLS
TESTING
Coming Soon!

aquatic fitness

aqua fitness passes:

Eager to try one of our aqua fitness classes but not sure where to begin? TRY A DROP-IN PASS! Passes can be purchased at the front desk and must be used within 90 days of purchase. No refunds will be issued for unused passes and the number of pass holders in the class may be limited by class size. Please contact the front desk at 703-777-1368 for more details.

- Multiple Drop-in Pass: \$200 for 20 visits

- Daily Drop-in Pass: \$11 per class

Absolute Abs

(Ages 16 & up) Target your core in this warm water class that focuses on training the abdominal and lower back muscles. By using the legs in multi-dimensional movement patterns, you will develop a stronger midsection to stabilize your torso and improve your balance and posture. No class 11/22, 11/24.

16, 30-minute classes/**15, 30-minute classes/
**14, 30-minute classes.

CODE	DAYS	TIME	DATES	FEE
202700a	M/W/F	8:30am	9/6-10/6	\$70**
202700b	M/W/F	8:30am	10/9-11/10	\$75*
202700c	M/W/F	8:30am	11/13-12/22	\$80

Introduction to Water Exercise

(Ages 16 & up) Perfect for those new to water exercise. This class will explore different types of water exercise classes and different types of equipment. You will learn the most effective way to exercise in the water. Class will have cardio, strength, flexibility, and endurance. Participants will leave feeling comfortable in any type of aqua class setting. No class 11/23.

16, 50-minute classes/**15, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202734a	T/TH	10:30am	9/5-10/26	\$160
202734b	T/TH	10:30am	10/31-12/21	\$150*

Early Arthritis Exercise

(Ages 16 & up) Designed to accommodate individuals with arthritis and other related illnesses, this class is taught using Arthritis Foundation exercises. Improve strength, balance, coordination, cardiovascular fitness, and joint range of motion in this smaller class using half of the auxiliary pool. No class 11/22, 11/24.

16, 50-minute classes/**15, 50-minute classes/
**14, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202721a	M/W/F	7:30am	9/6-10/6	\$140**
202721b	M/W/F	7:30am	10/9-11/10	\$150*
202721c	M/W/F	7:30am	11/13-12/22	\$160

Arthritis Exercise

(Ages 16 & up) Use water walking and Arthritis Foundation exercises to move all major joints and facilitate activities of daily living. Improve balance, strength, and endurance while having fun in this warm water class. No class 11/22, 11/24. 16, 50-minute classes/**15, 50-minute classes/**14, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202720a	M/W/F	9:00am	9/6-10/6	\$140**
202720b	M/W/F	9:00am	10/9-11/10	\$150*
202720c	M/W/F	9:00am	11/13-12/22	\$160

Aqua Power

(Ages 16 & up) Develop your coordination, muscular strength, and cardiovascular endurance through the use of noodles, dumbbells, and other aquatic fitness equipment. Working against shallow water currents will constantly challenge the core muscles, leading to improvements in balance as well. No class 11/22, 11/24. 16, 50-minute classes/**15, 50-minute classes/**14, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202710a	M/W/F	8:30am	9/6-10/6	\$140**
202710b	M/W/F	8:30am	10/9-11/10	\$150*
202710c	M/W/F	8:30am	11/13-12/22	\$160

Deep Water

(Ages 16 & up) This class places an emphasis on the water's natural resistance to enhance overall fitness. The use of flotation equipment allows you to increase your intensity level without increasing the impact on your joints. **Prerequisite:** Must be comfortable in deep water. No class 11/22, 11/23, 11/24. 16, 50-minute classes/**15, 50-minute classes/**14, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202730a	M/W/F	9:30am	9/6-10/6	\$140**
202730b	M/W/F	9:30am	10/9-11/10	\$150*
202730c	M/W/F	9:30am	11/13-12/22	\$160
202731a	T/TH	9:30am	9/5-10/26	\$160
202731b	T/TH	9:30am	10/31-12/21	\$150*

UNLIMITED CHILD CARE PASSES

Ida Lee Park Recreation Center offers an even more affordable child care pass option!

INSTALLMENT BILLING:

\$15.00* per month - First Child

\$10.00* per month - Each Additional Child

*Requires automatic billing, two months minimum

30 DAYS ONLY CHILD CARE PASS:

\$20.00 per month - First Child

\$15.00 per month - Each Additional Child

Please stop by the front desk or call 703-777-1368

Master Splash

(Ages 16 & up) Stay active by working through range-of-motion and strengthening exercises that are easy on the joints. In this class you will enhance functional fitness for improved quality of life. No class 11/22, 11/24. 16, 50-minute classes/*15, 50-minute classes/**14, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202740a	M/W/F	9:30am	9/6-10/6	\$140**
202740b	M/W/F	9:30am	10/9-11/10	\$150*
202740c	M/W/F	9:30am	11/13-12/22	\$160

Aqua Zumba®

(Ages 16 & up) Aqua Zumba® is a safe, effective, and challenging water-based workout that integrates the Zumba formula and philosophy into traditional aqua fitness. Do not be fooled, this is not your normal aqua class. The movements are challenging and you can feel your muscles working against the resistance of the water. Latin dance rhythms are incorporated into this class. No class 11/22, 11/23. 16, 50-minute classes/*15, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202765a	M/W	6:30pm	9/6-10/25	\$150*
202765b	M/W	6:30pm	10/30-12/20	\$150*
202766a	T/TH	8:30am	9/5-10/26	\$160
202766b	T/TH	8:30am	10/31-12/21	\$150*

H2O Low

(Ages 16 & up) Establish a fitness base in the water with low intensity walking and jogging, along with other aerobic movements. Compliment your cardiovascular conditioning with strength training, abdominal exercises, and relaxing stretches. No class 11/23. 16, 50-minute classes/*15, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202770a	T/TH	9:30am	9/5-10/26	\$160
202770b	T/TH	9:30am	10/31-12/21	\$150*

NEW Aqua Pilates

(Ages 16 & up) A combination of Pilates and aquatic exercise results in a unique class which develops core stability and will tone and strengthen your entire body. Aqua Pilates is for those who desire to decrease injuries while increasing energy and function at optimal health levels. The movements incorporate the use of pool aides that create added resistance in the water. No class 11/23. 16, 50-minute classes/*14, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
202780a	T/TH	5:30pm	9/5-10/26	\$160
202780b	T/TH	5:30pm	11/2-12/21	\$140*

fitness for kids



Physical Education for Kids

(Ages 7-13) Kids will learn about sportsmanship, teamwork, and the enjoyment of physical activity. Kids will play their way to a healthier body through soccer, volleyball, basketball, kickball, and other non-traditional games. This class will be based in the gym, but may be outside when the weather permits. Ideal for home schooled kids. No class 11/22. 7, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
208540a	WED	11:00am	9/6-10/18	\$70
208540b	WED	11:00am	10/25-12/13	\$70

Youth Weight Room Certification

(Ages 12-15) If you are serious about looking better, feeling better, getting stronger and healthier, GET CERTIFIED!!! In this class you will learn the rules of the fitness room and how to use the free weights and cardio machines. Students will also learn how to design their own program with emphasis on muscle strengthening, muscular endurance, and weight management. Youths with a certification card on file may workout in the fitness center unsupervised. In order to take this class, you must pre-register at least 3 days before and you must attend all four sessions. No class 10/31. 4, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
208560a	TUE	4:15pm	9/12-10/3	\$48
208560b	TUE	4:15pm	10/17-11/14	\$48



kids corner child care

Monday-Friday
8:00am-2:00pm &
4:00pm-7:30pm

Saturday
8:30am-1:30pm

Sunday
9:00am-1:30pm

\$5.00 per child per visit. Child care passes are available, purchase a 25 visit child care pass for \$75.00 or 10 visit child care pass for \$30.00.

Ida Lee reserves the right to limit the number of children in child care at any given time.

Service is offered on a first-come, first-served basis.

Guardian must be utilizing the recreation center or tennis center.

wellness specialty

workout • movement • exercise



WOW (Women on Weights) Machines

(Ages 16 & up) Design your own strength workout utilizing the equipment in the Ida Lee Fitness Center. This class is composed of a half hour of lecture and 90-minutes of hands on training to provide you with a basic understanding of weight training using the selectorized machines. You will learn basic strength training form, technique, and principles so that you have safe and effective workouts. No experience with weight training necessary. 1, 2-hour class.

CODE	DAY	TIME	DATE	FEE
208700a	SAT	12:00pm	9/16	\$25
208700b	SAT	12:00pm	12/9	\$25

WOW (Women on Weights) Free Weights

(Ages 16 & up) Come to this educational session just for women to help you transition from machines to free weights. This class is composed of a half hour of lecture and 90-minutes of hands on training to provide you with a basic understanding of weight training using the bars and dumbbells. No experience with weight training necessary. 1, 2-hour class.

CODE	DAY	TIME	DATE	FEE
208710a	SAT	12:00pm	10/28	\$25

Core, Balance and Stabilization

(Ages 16 & up) Take your abdominal training to a whole new level! Add fresh elements to abdominal and back training! Learn new core exercises that will effectively challenge every muscle in your "power center" while simultaneously improving your overall movement capabilities. Find the best way to train for improved balance and posture. Great for any fitness level. 1, 60-minute class.

CODE	DAY	TIME	DATE	FEE
208770a	WED	6:00pm	11/8	\$15

The 411 on Designing a Workout

(Ages 16 & up) In this class you will work with a certified personal trainer to learn the principles in designing and customizing a workout plan that meets your needs. Several topics will be discussed including the frequency, duration, and intensity of cardio as well as strength training workouts. In addition, you will learn how to incorporate cross training into your fitness routine. 1, 90-minute class.

CODE	DAY	TIME	DATE	FEE
208724a	SAT	12:00pm	9/9	\$20

Core Training Anatomy

(Ages 16 & up) Whether you are just beginning your routine or looking to enhance an existing conditioning program, this course presents the most effective exercises and workouts for the results you want. Learn how variations, progressions, and sequencing can affect muscle recruitment and ultimately the results you achieve. 1, 90-minute class.

CODE	DAY	TIME	DATE	FEE
208714a	WED	6:00pm	9/27	\$20

community outreach program



Recreation Outreach to Community Kids (R.O.C.K.)

Recreation Outreach to Community Kids (R.O.C.K.) is a collaborative effort with the Town of Leesburg Parks and Recreation Department and the Leesburg Police Department. R.O.C.K. is a recreation based outreach program for children aged 5-12 years old in the communities of Heritage Square, the Fields of Leesburg Apartments, Evans Ridge Apartments, and the Fort Evans Road Communities. The program offers sports, games, art, trips, team building, and special guests. The program is held daily after school and during the summer.

For more information about R.O.C.K. please contact the
COMMUNITY OUTREACH PROGRAMS at

703-737-7159



personal training

(Ages 12 & up) Ida Lee has a diverse team of certified Personal Trainers available to challenge and motivate clients of all fitness levels. Whether you are a high school student with college athletic aspirations, or an older adult seeking improved mobility, we can help you maximize your body's potential. To lose weight, reduce stress, and enhance your athletic ability, please fill out a Personal Training Request Form available at the front desk or online at www.idalee.org. We will contact you to schedule your personal training sessions. Several packages are available to meet your personal training needs, which includes a free fitness assessment with the purchase of any personal training package.



Private Training* *One-on-one individualized sessions.*

60-Minute Training Packages

Program Packages	Cost Per Session	Cost Per Package
1 Session	\$60.00	\$60.00
5 Sessions	\$55.00	\$275.00
10 Sessions	\$50.00	\$500.00

30-Minute Training Packages

Great if you want an affordable, long term commitment towards a complete change in lifestyle and fitness.

Program Packages	Cost Per Session	Cost Per Package
4 sessions	\$30.00	\$120.00
8 sessions	\$27.50	\$220.00
12 sessions	\$25.00	\$300.00

Partner Training* *Workout and spend time with someone you care about!*

Program Packages	Cost Per Session	Cost Per Package
1 Session	\$100.00/session \$50.00/person	\$100.00 \$50.00/person
5 Sessions	\$90.00/session \$45.00/person	\$450.00 \$225.00/person
10 Sessions	\$80.00/session \$40.00/person	\$800.00 \$400.00/person

Group Training* *Great if you would like to organize your own group of 3 or 4 friends to work together.*

Program Packages	Cost Per Session	Cost Per Package
5 Sessions for a group of 3 individuals	\$100.00/session \$33.00/person	\$500.00 \$165.00/person
5 Sessions for a group of 4 individuals	\$120.00/session \$30.00/person	\$600.00 \$150.00/person

*The following applies to all training sessions:

- There are no discounts on the cost of training sessions.
- You must notify your trainer 24 hours in advance of cancellation. If there is not a 24 hour notice, you will be charged for the missed session.
- 60-minute sessions are good for 6 months from the date of purchase.
- 30-minute sessions are good for 12 months from the date of purchase.
- There are no refunds given on personal training purchases.

Individual Nutrition Counseling

(Ages 12 & up) One-on-one nutrition counseling with a Registered Dietitian that will be tailored to the individuals needs, providing education and guidance such as weight management, diabetic education and meal planning, basic sports nutrition, and heart healthy nutrition. First session 60-minutes, follow up sessions 30-minutes.

Cost Per Session
\$60.00 60-minute initial consultation
\$40.00 30-minute follow up consultation

PERSONAL TRAINING
703-777-1368

**10%
OFF
SALE**
on
**PERSONAL
TRAINING**
9/15/17
thru
10/15/17



tennis

classes • clinics • tournaments

Come grow your game at the Ida Lee Park Tennis Center. We offer a wide variety of classes, academies, tournaments, and more. If you are uncertain of your level before enrollment, please let us know and we will test your skills prior to registration. Please come to your class with a tennis racquet and tennis shoes. All classes meet at the AV Symington Indoor Tennis Center. No classes October 14th-15th and November 23rd-26th.

WEATHER: In the event of inclement weather, decisions on tennis classes will be made one hour prior to the start of the class. Late cancellations may occur due to unpredictable weather conditions. Please call 703-737-7166 for inclement weather information.



Quick Start Red Ball-Indoors

(Ages 4-8) This class teaches children basic hand-eye skills and basic racquet skills, and the concept of playing tennis. No class 10/14, 11/23, 11/25. 8, 60-minute classes/*7, 60-minute classes/*6, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
227100a	MON	4:30pm	9/11-10/23	\$140*
227100b	MON	4:30pm	10/30-12/18	\$160
227101a	TUE	4:30pm	9/5-10/24	\$160
227101b	TUE	4:30pm	11/7-12/19	\$140*
227102a	THU	4:30pm	9/7-10/26	\$160
227102b	THU	4:30pm	11/2-12/21	\$140*
227103a	SAT	9:00am	9/9-10/28	\$140*
227103b	SAT	9:00am	11/4-12/16	\$120**

Quick Start Orange Ball Indoors

(Ages 7-9) This class is for players who can maintain an extended rally. Learn intermediate stroke technique as well as how to play points, keep score, and basic strategy. No class 10/14, 11/23, 11/25. 8, 90-minute classes/*7, 90-minute classes/*6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227120a	MON	4:00pm	9/11-10/23	\$203*
227120b	MON	4:00pm	10/30-12/18	\$232
227121a	TUE	4:00pm	9/5-10/24	\$232
227121b	TUE	4:00pm	11/7-12/19	\$203*
227122a	WED	4:00pm	9/6-10/25	\$232
227122b	WED	4:00pm	11/1-12/20	\$232
227123a	THU	4:00pm	9/7-10/26	\$232
227123b	THU	4:00pm	11/2-12/21	\$203*
227124a	SAT	11:30am	9/9-10/28	\$203*
227124b	SAT	11:30am	11/4-12/16	\$174**
227125a	SAT	2:30pm	9/9-10/28	\$203*
227125b	SAT	2:30pm	11/4-12/16	\$174**

Ball Machine Rentals

Please call the Tennis Center at 703-737-6068 to reserve the ball machine. 1, 60-minute session.
FEE: \$18 plus applicable court fees.

Quick Start Green Ball-Indoors

(Ages 9-11) For players who can rally and place the ball with intention, play the ball in transition, move to the net, and place the volley to win. Players must be able to execute the serve and hit the ball flat or with spin, and be on their way to understanding strategy and tactics. No class 10/14, 11/23, 11/25. 8, 90-minute classes/*7, 90-minute classes/*6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227130a	MON	4:00pm	9/11-10/23	\$203*
227130b	MON	4:00pm	10/30-12/18	\$232
227131a	THU	4:00pm	9/7-10/26	\$232
227131b	THU	4:00pm	11/2-12/21	\$203*
227132a	SAT	11:30am	9/9-10/28	\$203*
227132b	SAT	11:30am	11/4-12/16	\$174**
227133a	SAT	2:30pm	9/9-10/28	\$203*
227133b	SAT	2:30pm	11/4-12/16	\$174**

Youth Intermediate-Indoors

(Ages 11-17) The players in this class should be ready to play in games and have learned the rules of match play, ground-strokes, volley, lob, and overhead strokes. They should be able to execute all strokes with control, accuracy, and consistency. No class 10/14, 11/23, 11/25. 8, 90-minute classes/*7, 90-minute classes/*6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227140a	MON	5:30pm	9/11-10/23	\$203*
227140b	MON	5:30pm	10/30-12/18	\$232
227141a	WED	5:30pm	9/6-10/25	\$232
227141b	WED	5:30pm	11/1-12/20	\$232
227142a	THU	5:30pm	9/7-10/26	\$232
227142b	THU	5:30pm	11/2-12/21	\$203*
227143a	SAT	11:30am	9/9-10/28	\$203*
227143b	SAT	11:30am	11/4-12/16	\$174**
227144a	SAT	2:30pm	9/9-10/28	\$203*
227144b	SAT	2:30pm	11/4-12/16	\$174**

Racquet Repair

Need your racquet restrung or a new grip put on? We use Gamma strings. All strings are available in 16 or 17 gauges.

For more information, please call the Tennis Center at **703-737-6068**.

Youth Advanced-Indoors

(Ages 11-17) This class is designed for the serious competitive player who has match play experience. This class will focus on stroke production, agility, footwork, as well as singles and doubles game strategies. No class 10/14, 11/25. 8, 90-minute classes/*7, 90-minute classes/**6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227150a	MON	5:30pm	9/11-10/23	\$203*
227150b	MON	5:30pm	10/30-12/18	\$232
227151a	SAT	11:30am	9/9-10/28	\$203*
227151b	SAT	11:30am	11/4-12/16	\$174**
227152a	SAT	2:30pm	9/9-10/28	\$203*
227152b	SAT	2:30pm	11/4-12/16	\$174**

Middle School Flight-Indoors

(Ages 11-14) This flight is designed to help the player improve in match play situations. You must be able to serve and keep score. No class 10/15, 11/26. 13, 90-minute sessions.

CODE	DAY	TIME	DATES	FEE
227210a	SUN	1:00pm	9/10-12/17	\$221
227211a	SUN	4:00pm	9/10-12/17	\$221

High School Flight-Indoors

(Ages 15-17) This flight is designed to help the player improve in match play situations. You must be able to serve and keep score. No class 10/15, 11/26. 13, 90-minute sessions.

CODE	DAY	TIME	DATES	FEE
227220a	SUN	11:30am	9/10-12/17	\$221
227221a	SUN	2:30pm	9/10-12/17	\$221

Leesburg Tennis Academy Indoors

(Ages 8-18) This program is for the junior player that wants to be the best tennis player that they can be, and is willing to work at making it happen. It is expected that these juniors are involved in this program year round and play in a minimum of six tournaments per year. In addition to this program, private lessons are also recommended. **(The Head Tennis Professional will evaluate each child and Ida Lee reserves the right to transfer a child to a different class if their skill level is not equal to the level of this program.)** 12, 90-minute classes/*10, 90-minute classes.

CODE	DAYS	TIME	DATES	FEE
227250a	T/W/TH	5:30pm	9/5-9/28	\$360
227250b	T/W/TH	5:30pm	10/3-10/26	\$360
227250c	T/W/TH	5:30pm	11/1-11/22	\$300*
227250d	T/W/TH	5:30pm	11/28-12/21	\$360



adult tennis

1.0-2.0 Adult Tennis-Indoors

(Ages 18 & up) This class is for players that have just started playing tennis or a player that has limited playing experience and is still working primarily on getting the ball into play. No class 10/14, 11/25. 8, 90-minute classes/*7, 90-minute classes/**6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227300a	TUE	10:30am	9/5-10/24	\$232
227300b	TUE	10:30am	11/7-12/19	\$203*
227301a	SAT	1:00pm	9/9-10/28	\$203*
227301b	SAT	1:00pm	11/4-12/16	\$174**

2.5 Adult Tennis-Indoors

(Ages 18 & up) The players in this class need on-court experience. They are familiar with basic positions of singles and doubles play. The students can sustain a slow rally with players of similar ability. No class 10/14, 11/25. 8, 90-minute classes/*7, 90-minute classes/**6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227310a	TUE	9:00am	9/5-10/24	\$232
227310b	TUE	9:00am	11/7-12/19	\$203*
227311a	TUE	10:30am	9/5-10/24	\$232
227311b	TUE	10:30am	11/7-12/19	\$203*
227312a	WED	9:00am	9/6-10/25	\$232
227312b	WED	9:00am	11/1-12/20	\$232
227313a	WED	10:30am	9/6-10/25	\$232
227313b	WED	10:30am	11/1-12/20	\$232
227314a	WED	7:00pm	9/6-10/25	\$232
227314b	WED	7:00pm	11/1-12/20	\$232
227315a	SAT	10:00am	9/9-10/28	\$203*
227315b	SAT	10:00am	11/4-12/16	\$174**
227316a	SAT	1:00pm	9/9-10/28	\$203*
227316b	SAT	1:00pm	11/4-12/16	\$174**

3.0 Adult Tennis-Indoors

(Ages 18 & up) The players in this class are consistent when hitting medium pace shots, but are not comfortable with all strokes and lacks control when trying for directional intent, depth, or power. No class 10/14, 11/23, 11/25. 8, 90-minute classes/*7, 90-minute classes/**6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227320a	MON	9:00am	9/11-10/23	\$203*
227320b	MON	9:00am	10/30-12/18	\$232
227321a	TUE	9:00am	9/5-10/24	\$232
227321b	TUE	9:00am	11/7-12/19	\$203*
227322a	TUE	7:00pm	9/5-10/24	\$232
227322b	TUE	7:00pm	11/7-12/19	\$203*
227323a	WED	9:00am	9/6-10/25	\$232
227323b	WED	9:00am	11/1-12/20	\$232
227324a	THU	9:00am	9/7-10/26	\$232
227324b	THU	9:00am	11/2-12/21	\$203*
227325a	SAT	10:00am	9/9-10/28	\$203*
227325b	SAT	10:00am	11/4-12/16	\$174**

UNLIMITED CHILD CARE PASSES

SEE PAGE 16 FOR DETAILS

TENNIS CLASSES
703-737-6068



For
Ida Lee
Park
Recreation
Center
Valid:
9/15/17
through
10/15/17

3.5 Adult Tennis-Indoors

(Ages 18 & up) The players in this class have achieved improved stroke dependability and direction on moderate pace shots, but still lack depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles. No class 10/14, 11/23, 11/25. 8, 90-minute classes/*7, 90-minute classes/**6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227330a	MON	7:00pm	9/11-10/23	\$203*
227330b	MON	7:00pm	10/30-12/18	\$232
227331a	TUE	10:30am	9/5-10/24	\$232
227331b	TUE	10:30am	11/7-12/19	\$203*
227332a	WED	10:30am	9/6-10/25	\$232
227332b	WED	10:30am	11/1-12/20	\$232
227333a	THU	7:00pm	9/7-10/26	\$232
227333b	THU	7:00pm	11/2-12/21	\$203*
227334a	SAT	8:30am	9/9-10/28	\$203*
227334b	SAT	8:30am	11/4-12/16	\$174**

4.0 and Above Adult Tennis Indoors

(Ages 18 & up) The players in this class have dependable strokes, including directional intent, on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots, and volleys with some success. This player occasionally forces errors when serving and teamwork in doubles is evident. No class 10/14, 11/25. 8, 90-minute classes/*7, 90-minute classes/*6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
227340a	MON	9:00am	9/11-10/23	\$203*
227340b	MON	9:00am	10/30-12/18	\$232
227341a	MON	7:00pm	9/11-10/23	\$203*
227341b	MON	7:00pm	10/30-12/18	\$232
227342a	SAT	8:30am	9/9-10/28	\$203*
227342b	SAT	8:30am	11/4-12/16	\$174**



NOW OPEN

Eric Brown
SKATE PLAZA

Combination of street and transition

Visit: www.idalee.org for information

Pro Workout-Indoors

(Ages 18 & up) Enjoy a high intensity class where you will hit hundreds of tennis balls and focus on footwork, conditioning, and strategy. 1, 90-minute class.

CODE	DAY	LEVEL	TIME	DATE	FEE
227800a	FRI	3.5+	5:00pm	9/8	\$25
227800b	FRI	3.5+	5:00pm	9/15	\$25
227800c	FRI	3.5+	5:00pm	9/22	\$25
227800d	FRI	3.5+	5:00pm	9/29	\$25
227800e	FRI	3.5+	5:00pm	10/6	\$25
227800f	FRI	3.5+	5:00pm	10/13	\$25
227800g	FRI	3.5+	5:00pm	10/20	\$25
227800h	FRI	3.5+	5:00pm	10/27	\$25
227800i	FRI	3.5+	5:00pm	11/3	\$25
227800j	FRI	3.5+	5:00pm	11/10	\$25
227800k	FRI	3.5+	5:00pm	11/17	\$25
227800l	FRI	3.5+	5:00pm	12/1	\$25
227800m	FRI	3.5+	5:00pm	12/8	\$25
227800n	FRI	3.5+	5:00pm	12/15	\$25
227800o	FRI	3.5+	5:00pm	12/22	\$25

Cardio Tennis-Indoors

(Ages 18 & up) Burn more calories than singles or doubles tennis while working on your footwork, endurance, agility, and cardio fitness. Each class will consist of a warm up, workout, and cool down. This is a fast-paced cardio class, where you must be able to maintain a rally. 1, 60-minute class.

CODE	DAY	TIME	DATE	FEE
227850a	TUE	5:30pm	9/5	\$18
227850b	TUE	5:30pm	9/12	\$18
227850c	TUE	5:30pm	9/19	\$18
227850d	TUE	5:30pm	9/26	\$18
227850e	TUE	5:30pm	10/3	\$18
227850f	TUE	5:30pm	10/10	\$18
227850g	TUE	5:30pm	10/17	\$18
227850h	TUE	5:30pm	10/24	\$18
227850i	TUE	5:30pm	11/7	\$18
227850j	TUE	5:30pm	11/14	\$18
227850k	TUE	5:30pm	11/21	\$18
227850l	TUE	5:30pm	11/28	\$18
227850m	TUE	5:30pm	12/5	\$18
227850n	TUE	5:30pm	12/12	\$18
227850o	TUE	5:30pm	12/19	\$18

UPCOMING Tournaments

Leesburg Cup

SEPTEMBER 29TH-OCTOBER 1ST

Please join us for the annual Leesburg Cup! This invitation only tournament features the best players from Ida Lee, Middleburg, and Warrenton.

Boys 14-Under USTA/MAS Championships L1

OCTOBER 14TH-16TH

This event is a singles tournament for boys 14 years of age and under. You may register online at www.usta.com with the tournament ID #302958617. The registration deadline is Monday, October 9th at 11:59pm. Current USTA Membership is required to register.

Ida Lee Park

TENNIS CENTER



Fall Hours & Fees



HOURS OF OPERATION:

Monday-Friday	7:00am-10:00pm
Saturday	7:00am-8:00pm
Sunday	8:00am-8:00pm

LIMITED FACILITY HOURS:

Labor Day	7:00am-8:00pm
Thanksgiving	Closed
Christmas Eve	7:00am-4:00pm
Christmas Day	Closed
New Year's Eve	7:00am-7:00pm
New Year's Day	12:00pm-8:00pm

AV Symington Indoor Tennis Center Reservation Fees

ALL PRICES ARE PER COURT HOUR
The following rates will be in effect for
the 2017-2018 indoor Fall/Winter season
(September 5-April 1).

Fall/Winter Indoor Spot Time	Monday-Sunday \$32
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Non-Resident player fee:
\$4.00 per non-resident player, per visit in
addition to applicable court fees.

TENNIS COURT RESERVATION RATES - OUTDOORS:

Advance	\$10 per hour – Town Resident	Multiple	\$12 per hour – Town Resident
Reservation:	\$12 per hour – Non-Resident	Dates:	\$14 per hour – Non-Resident
	(7 days advance reservation for Town Resident; 3 days for Non-Resident)		(Minimum of 4 consecutive weeks, maximum of 8 consecutive weeks)

Private Tennis Lessons

Here is a chance for you to get some one-on-one tennis instruction. Instructors have limited times of availability. Sessions are arranged on an individual basis with the instructor, so please stop by the Tennis Center to fill out a lesson request form. No more than 6 people to a private lesson.

TYPE	NUMBER OF STUDENTS	FEE
Assistant Pro:	1 Student	\$65
	2 Students	\$35 per player/per hour
	3 Students	\$25 per player/per hour
	4 Students	\$22 per player/per hour
Head Pro:	1 Student	\$70
	2 Students	\$37.50 per player/per hour
	3 Students	\$30 per player/per hour
	4 Students	\$24 per player/per hour

For pricing of 5-6 students (Assistant Pro or Head Pro), please call the Tennis Center at 703-737-6043.

*Washingtonian Magazine's
Best Bet for Summer Concerts.
The Washington Post "One of the
Summer's best concert lineups."*

2017 Acoustic on the Green

The Town
of Leesburg's
Award Winning
Free Summer
Concert Series

Saturdays • 7 - 9 pm
Town Hall Green
25 West Market Street

Official Media Partner
LoudounNow

Official Radio &
Social Media Partner



MUSIC PLANET
RADIO

Lawn chairs and blankets are advised. *No smoking or alcoholic beverages will be allowed and no pets, please.* Picnics are encouraged. *In case of inclement weather, the show will be moved inside the Town Office Building.*

Photo: Ed Solomon

Acoustic on the Green is a co-production of the Town of Leesburg, Leesburg Parks & Rec Department and Stilson Greene

July 15 - Don Chapman and Friends
July 22- Tommy Gann and Hilary Veltri
July 29 - Prescott Engle and Grant Frazier
August 5- Gary Smallwood
August 12- Mike Meadows and Nick Potthoff
August 19 - Jon Carroll and Teddy Chipouras
August 26 - Jennifer Daniels and Johnny Kasun and Caroline Powers

Racquetball:

\$6.00 court fee paid when the reservation is made.

Pickleball:

\$6.00 court fee paid when the reservation is made.

Wallyball:

\$12.00 court fee paid
when the reservation is made.

PLEASE REMEMBER:

Only non-marking court shoes are permitted.
Protective eyewear is recommended.

Reservations are accepted 7 days in advance for
Town Residents and Annual Pass Holders.

All others may reserve a court 3 days in advance. General
admission fees are required to play racquetball or wallyball.

FREE FOR ANNUAL PASS HOLDERS.

sports

classes • leagues • private lessons



Basketball

(Ages 4-10) This class will teach children the basics of shooting, dribbling, and passing. To help keep things at the children's level the goal's height will be adjusted for each age group. The class will focus mostly on teaching skills and techniques; there will be a few scrimmages by the end of the session. Class meets at Ida Lee Park Recreation Center's Basketball Courts. No class 11/25, 12/2. 7, 45-minute classes/*6, 45-minute classes.

Mites (Ages 4-5)

CODE	DAY	TIME	DATES	FEE
217100a	SAT	9:00am	9/9-10/21	\$98
217100b	SAT	9:00am	10/28-12/16	\$84*
217100c	SAT	10:00am	9/9-10/21	\$98
217100d	SAT	10:00am	10/28-12/16	\$84*

Pee Wee (Ages 6-7)

CODE	DAY	TIME	DATES	FEE
217110a	SAT	11:00am	9/9-10/21	\$98
217110b	SAT	11:00am	10/28-12/16	\$84*

Junior (Ages 8-10)

CODE	DAY	TIME	DATES	FEE
217120a	SAT	12:00pm	9/9-10/21	\$98
217120b	SAT	12:00pm	10/28-12/16	\$84*

Volleyball

(Ages 10-14) Bump, set, spike! Learn about the exciting game of volleyball. This program will help your child develop the skills and techniques that are essential for playing volleyball. The first day of class will be an assessment day to determine which level the student is best suited for. Class meets at Ida Lee Park Recreation Center's Basketball Courts. No class 11/25, 12/2. 7, 45-minute classes/*6, 45-minute classes.

Beginner

CODE	DAY	TIME	DATES	FEE
218500a	SAT	9:00am	9/9-10/21	\$98
218500b	SAT	9:00am	10/28-12/16	\$84*

Intermediate

CODE	DAY	TIME	DATES	FEE
218502a	SAT	10:00am	9/9-10/21	\$98
218502b	SAT	10:00am	10/28-12/16	\$84*

Fencing

(Ages 12 & up) This course provides for both supervised and coached assaults, bouts by experienced fencers, as well as training for beginner fencers. For beginners, this course introduces the fencer to the French school of foil fencing. The five learning objectives are safety, basic movement, the simple attack, the parry riposte, and the compound attack. Lessons for all levels will consist of group instruction, supervised exchange drills, and assaults. **Students in the Beginner class are expected to provide their own equipment by the 4th week of class. Students in the Intermediate class must have their equipment at the first class.** You will need to have a French standard foil, mask, glove, and practice jacket. Please call 703-777-1368 for locations to purchase equipment. No class 10/9. 10, 60-minute classes.

Beginner (Ages 12 & up)

CODE	DAY	TIME	DATES	FEE
218300a	MON	8:10pm	9/11-11/20	\$140

Intermediate (Ages 15 & up)

CODE	DAY	TIME	DATES	FEE
218310a	MON	7:10pm	9/11-11/20	\$140

Preschool Sports Exploration

(Ages 3-5) Introduce your child to the wonders of sports while providing development opportunities. Each week, a different sport and activity will be introduced providing them with an opportunity to develop physical strength, eye-hand coordination, and gross motor skills in a fun and safe environment. Class meets outdoors at Foxridge Park. 6, 35-minute classes.

CODE	DAY	TIME	DATES	FEE
226100a	THU	9:15am	9/7-10/12	\$72
226100b	THU	10:00am	9/7-10/12	\$72

Lacrosse

(Ages 5-9) Here is a chance for kids to come out and learn about the game of lacrosse. Learn the techniques for scooping, cradling, passing, catching, and shooting. Practice the rules of the game in a fun, non-competitive environment. Class meets at Ida Lee Park's Practice Field. 8, 45-minute classes.

Pee Wee (Ages 5-6)

CODE	DAY	TIME	DATES	FEE
221100a	SAT	10:15am	9/9-10/28	\$96

Micro (Ages 7-9)

CODE	DAY	TIME	DATES	FEE
221102a	SAT	11:15am	9/9-10/28	\$96

SPORTS CLASSES
703-777-1368

VOLUNTEERS NEEDED

Individuals or organizations can help keep the Town of Leesburg parks, trails, and streets beautiful. Volunteer to maintain an area or park through our **Adopt-A-Park** and **Adopt-A-Spot** Programs. For more information, please call **703-737-7146**.

BALLAPALOOZA GYM PARTY

BASKETBALL • KICKBALL • DODGEBALL • VOLLEYBALL

Saturday and Sunday's 6:00 – 8:00pm

PACKAGE INCLUDES:

2 hour gym and room rental • Lots of different types of balls
Pizza and bottled water • Set-up and clean-up

Contact our rental coordinator
for more details at

703-737-2371 • rentalcoordinator@leesburgva.gov

NFL Flag Football League



(Ages 6-16) This is a **competitive** league with a playoff system to determine a league champion. This league will offer players non-contact continuous football action, using minimal equipment. The game emphasizes basic football skills of passing, catching, defending, and running. The offensive team plays for a first down at midfield and a touchdown in the end zone with "no-running zones" at midfield and near each goal line. The defensive team covers receivers, rushes the passer, and grabs flags to make "tackles." Players attend an evaluation to determine skill levels and are selected on teams through a draft process. Practices will begin in late August and games will start in September. **A coach will contact you by August 11th to let you know when practice starts.** Practices are held on various weekday evenings throughout the week at either 5:00pm or 6:10pm. Games will be played on Saturdays. Additional games may be held throughout the week and on Sunday's if needed. **Registration will end July 11, 2017. Upon registering, please visit www.idalee.org to fill out the NFL Flag Football player information forms.** Carpool requests are not accepted. **Player evaluation days are July 22nd and July 23rd. Make up is July 29th.** A player may not miss player evaluations for two consecutive playing seasons. If the player does not participate in the player evaluations for two consecutive seasons he/she is registered for, the player is ineligible to play and will withdraw from the league. **An email will provide more details once registration has ended.**

CODE	AGES		FEE
219100a	Ages 6-7, Co-ed	Registration in Progress	\$150
219110a	Ages 8-9, Co-ed	Registration in Progress	\$150
219115a	Ages 10-11, Co-ed	Registration in Progress	\$150
219120a	Age 12, Co-ed	Registration in Progress	\$150
219125a	Ages 13-15, Co-ed	Registration in Progress	\$150

*Age as of August 1, 2017

No refunds will be given after the start date of July 11th.

WE ARE LOOKING FOR COACHES!!

If interested in coaching your child's team, please call the NFL Flag Football League Manager for more details, 703-777-1368.

Beginner Soccer

(Ages 4-12) This class begins with an introduction to the rules and objectives of the game of soccer. It introduces the new player to basic soccer techniques, including dribbling, passing, and shooting. It is organized to develop players' ball skills and foot-eye coordination through simple drills and practice. Class meets at OIWPB. No class 11/25. 7, 45-minute classes.



Beginner Mites (Ages 4-5)

CODE	DAY	TIME	DATES	FEE
224100a	SAT	9:15am	9/9-10/21	\$98
224100b	SAT	9:15am	10/28-12/16	\$98
224100c	SAT	10:00am	9/9-10/21	\$98
224100d	SAT	10:00am	10/28-12/16	\$98
224100e	SAT	10:45am	9/9-10/21	\$98
224100f	SAT	10:45am	10/28-12/16	\$98

Beginner Pee Wee (Ages 6-7)

CODE	DAY	TIME	DATES	FEE
224110a	SAT	12:00pm	9/9-10/21	\$98
224110b	SAT	12:00pm	10/28-12/16	\$98

Beginner Micro (Ages 8-12)

CODE	DAY	TIME	DATES	FEE
224112a	SAT	1:45pm	9/9-10/21	\$98
224112b	SAT	1:45pm	10/28-12/16	\$98

Intermediate Soccer

(Ages 6-12) This class emphasizes techniques and tactics involved in actual team soccer play. It is organized to develop players' ball skills, foot-eye coordination, and team work capabilities through more complex drills and team practice. **Prerequisite:** Beginner Soccer Skills or basic knowledge of the game of soccer. Class meets at OIWPB. No class 11/25. 7, 45-minute classes.



Intermediate Pee Wee (Ages 6-7)

CODE	DAY	TIME	DATES	FEE
224116a	SAT	12:45pm	9/9-10/21	\$98
224116b	SAT	12:45pm	10/28-12/16	\$98

Intermediate Micro (Ages 8-12)

CODE	DAY	TIME	DATES	FEE
224118a	SAT	2:30pm	9/9-10/21	\$98
224118a	SAT	2:30pm	10/28-12/16	\$98

Baseball

(Ages 4-7) Bring your child to learn the fundamentals of baseball. Develop the basic techniques of throwing, catching, fielding, batting, and playing the game.

Participants must provide their own glove. Class meets at Foxridge Park's Baseball Field.

Mites (Ages 4-5) 6, 35-minute classes.

CODE	DAY	TIME	DATES	FEE
216100a	THU	5:00pm	9/7-10/12	\$72
216102a	THU	5:45pm	9/7-10/12	\$72

Pee Wee (Ages 6-7) 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
216110a	THU	6:30pm	9/7-10/12	\$84

This symbol indicates classes meet at
(OIWPB)

Olde Izaak Walton Park Building!



Country/Running Training

(Ages 10-14) Here is an opportunity to get cross country/running training by using both paved trails and Ida Lee Park's cross country trails. The class will cover technique, form, distance, hill training, nutrition, and fitness subjects. Class meets at the front gazebo of Ida Lee Park. 6, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
226120a	TUE	5:00pm	9/12-10/17	\$108

**Splish Splash Have Your
Birthday Bash**
at
**Ida Lee Park
Recreation Center!**

Complete Party Packages Available
STARTING AT \$250

Contact our rental coordinator for more details
rentalcoordinator@leesburgva.gov or call 703-737-2371

Private Lessons

Private Basketball Lessons

(Ages 8 & up) Ida Lee offers private basketball lessons held by former NCAA Division I player, Stephen Shockley. Stephen played at Longwood University of the Big South Conference. During his time at Longwood University he played against teams from the ACC, Big East, Big 12, Pac-12, and SEC. He is currently the varsity assistant coach for the Tuscarora High School basketball team. He will focus on developing players' offensive and defensive fundamental skill set to provide them with the tools to be a successful player. Skills will be taught through detail oriented drills that will directly translate to on the court situations. Clinic meets at Ida Lee Park Recreation Center's Basketball Courts. Please fill out a Private Basketball Lesson Request Form at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON		FEE
Private Lessons	4, 60-minute lessons	\$220
Partner Lessons	4, 60-minute lessons	\$320

Private Racquetball Lessons

(Ages 12 & up) Private racquetball lessons are offered to players of all skill levels. Whether you are interested in learning the game for the first time or looking to further develop your game; Instructor Mark Baron, AMPRO certified and two-time Doubles National Champion will assist you in your goals. Please fill out a Private Racquetball Lesson Request Form at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON		FEE
Private Lessons	4, 60-minute lessons	\$220
Partner Lessons	4, 60-minute lessons	\$320



martial arts

classes • workshops • private lessons

MARTIAL ARTS CLASSES

703-777-1368

Karate

(Ages 6 & up) This class provides traditional Karate training that teaches discipline, builds confidence and character, and instills traditional martial arts values; such as honor, honesty, courage, humility, and loyalty. The training objective is to provide meaningful and enjoyable learning experiences for every participant that foster individual growth; inside and outside the martial arts training. Karate uniforms may be purchased through the instructors. Class meets at OIWPB. No class 11/23, 12/26.



Self Defense Workshop

(Ages 14 & up) You will learn four types of fighting: hitting, kicking, seizing, and falling; along with three levels of fighting: standing, crouched, and from the ground. Other topics covered include the use of objects as self-defense tools and "hit and run" type moves. Class meets at OIWPB. 1, 2-hour class.



For Women/Girls ONLY

CODE	DAY	TIME	DATE	FEE
210350a	SAT	4:00pm	10/14	\$30
210350b	SAT	4:00pm	12/9	\$30

Youth Beginning Karate

(Ages 6-14)

16, 45-minute classes/*15, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
222100a	T/TH	6:15pm	9/5-10/26	\$160
222100b	T/TH	6:15pm	11/2-12/28	\$150*

Youth Progressive Karate

(Ages 6-14)

16, 45-minute classes/*15, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
222110a	T/TH	6:15pm	9/5-10/26	\$160
222110b	T/TH	6:15pm	11/2-12/28	\$150*

Adult Karate

(Ages 14 & up)

16, 75-minute classes/*15, 75-minute classes.

CODE	DAYS	TIME	DATES	FEE
222302a	T/TH	7:30pm	9/5-10/26	\$224
222302b	T/TH	7:30pm	11/2-12/28	\$210*



This symbol indicates classes meet at
(OIWPB)
Olde Izaak Walton Park Building!

Pass 15% Off Fall Sale

For
Ida Lee
Park
Recreation
Center
Valid:
9/15/17
through
10/15/17

Business Meetings, Family Reunions,
Wedding Receptions, Group Functions



Ida Lee Can Accommodate Your Needs!

Ida Lee has a variety of meeting and banquet spaces to meet your special event needs. Our facility features rooms that can accommodate up to 175 people for a seated banquet. Our lower level has over 3,000 sq. ft. of meeting space, an outdoor patio, and a full service warming/catering kitchen.



rentalcoordinator@leesburgva.gov • 703-737-2371

gymnastics

fundamentals • mechanics • skills



Beginner Preschool Gymnastics



(Ages 3-4) Introduce your child to movement, coordination, and balance in a gymnastics environment. Emphasis is on learning, listening skills, and following instructions. The class covers basic developmental gymnastics along with fun and play. Child must be able to participate without parental involvement. Class meets at OIWPB. No class 11/22. 8, 45-minute classes/*7, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
220126a	TUE	11:00am	9/5-10/24	\$80
220126b	TUE	11:00am	10/31-12/19	\$80
220126c	WED	9:45am	9/6-10/25	\$80
220126d	WED	9:45am	11/1-12/20	\$70*

Preschool Gymnastics II



(Ages 4-5) This class is a continuation of skills learned in the beginner preschool gymnastics and continues to prepare the student for the beginner gymnastics level. Students will be introduced and taught basic skills on the floor, balance beam, bars, and vault, as well as continue to work on coordination, balance, and movement. Class meets at OIWPB. 8, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
220127a	TUE	12:15pm	9/5-10/24	\$80
220127b	TUE	12:15pm	10/31-12/19	\$80

Beginner Gymnastics I



(Ages 6-14) This is a modified beginner gymnastics class and a great continuation after Preschool Gymnastics II. Students will warm-up, work on strength conditioning, and do "big kid" gymnastics with emphasis on learning skills and following instructions. Skills include rolls, handstands, and cartwheels in addition to basic skills on the balance beam, bars, and vault. Class meets at OIWPB. No class 11/22, 11/24.

(Ages 6-8) 8, 50-minute classes/*7, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
220130a	TUE	4:00pm	9/5-10/24	\$96
220130b	TUE	4:00pm	11/7-12/19	\$84*
220130c	WED	5:15pm	9/6-10/25	\$96
220130d	WED	5:15pm	11/1-12/20	\$84*

(Ages 9-14) 8, 60-minute classes/*7, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
220131a	WED	4:15pm	9/6-10/25	\$112
220131b	WED	4:15pm	11/1-12/20	\$98*
220131c	FRI	5:15pm	9/8-10/20	\$98*
220131d	FRI	5:15pm	10/27-12/15	\$98*

Gymnastics II



(Ages 5-14) Perfect beginner class skills while progressing on to more advanced skills. Strength and flexibility work are instrumental in the ability to attain the skills being taught on floor, bars, balance beam, and vault. Other skills include handstand roll down, cartwheels, back walkovers, and round offs.

Prerequisite: 2 sessions of Gymnastics I or instructor's permission. Class meets at OIWPB. No class 10/9, 11/23, 11/24. 8, 60-minute classes/*7, 60-minute classes/*6, 60-minute classes.

(Ages 5-8)

CODE	DAY	TIME	DATES	FEE
220140a	THU	4:00pm	9/7-10/26	\$112
220140b	THU	4:00pm	11/2-12/21	\$98*
220140c	FRI	4:15pm	9/8-10/20	\$98*
220140d	FRI	4:15pm	10/27-12/15	\$98*

(Ages 9-14)

CODE	DAY	TIME	DATES	FEE
220141a	MON	4:15pm	9/11-11/6	\$112
220141b	MON	4:15pm	11/13-12/18	\$84**
220141c	TUE	5:00pm	9/5-10/24	\$112
220141d	TUE	5:00pm	11/7-12/19	\$98*

Gymnastics III



(Ages 5-16) Develop higher level skills through progressive drills and increasing strength and flexibility. Students will work to develop the needed skills for both the floor and equipment. **Prerequisite:** 3 sessions of Gymnastics II or instructor's permission. Class meets at OIWPB. No class 10/9, 11/23.

(Ages 5-8) 8, 60-minute classes/*7, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
220160a	THU	5:00pm	9/7-10/26	\$112
220160b	THU	5:00pm	11/2-12/21	\$98*

(Ages 9-16) 8, 75-minute classes/*6, 75-minute classes.

CODE	DAY	TIME	DATES	FEE
220145a	MON	5:15pm	9/11-11/6	\$144
220145b	MON	5:15pm	11/13-12/18	\$108*

Intermediate/Advanced Gymnastics



(Ages 7-16) Skills learned will include mounts and dismounts and intermediate level skills on equipment. Tumbling skills will include round off back handsprings, back tucks, and aerials on the floor. **Prerequisite:** Instructor's permission ONLY. Class meets at OIWPB. No class 11/22. 10, 90-minute classes/*9, 90-minute classes.

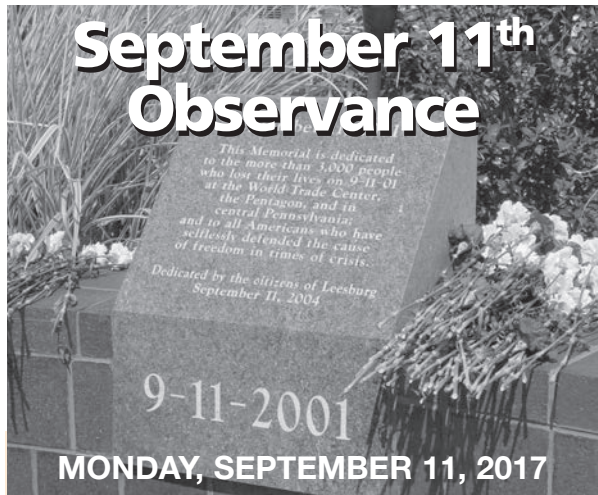
CODE	DAYS	TIME	DATES	FEE
220150a	M/W	6:30pm	9/6-10/4	\$180*
220150b	M/W	6:30pm	10/11-11/13	\$200
220150c	M/W	6:30pm	11/15-12/20	\$200

This symbol indicates classes meet at (OIWPB)
Olde Izaak Walton Park Building!



GYMNASTICS CLASSES
703-777-1368

September 11th Observance



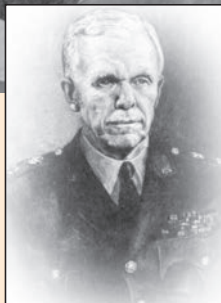
MONDAY, SEPTEMBER 11, 2017

This annual observance commemorates the tragic events and the lives lost throughout the United States on September 11, 2001. A moment of silence and reflection will be held during the Town Council meeting at 7pm.

All are welcome to visit the Freedom Memorial, located at Freedom Park (off Tolbert Lane at Evergreen Mill Road) throughout the day. The park will be open to the public 7:30am until 9:00pm on September 11th.

The Town of Leesburg encourages residents to observe the designated "National Day of Remembrance" by volunteering, donating time and goods, or simply offering a helping hand during this day of commemoration.

Veterans Day at Dodona Manor



**Saturday
November 11, 2017**

Join The George C. Marshall International Center, the Town of Leesburg, and Loudoun County on Saturday, November 11, 2017 at 10:15am to honor our

veterans of war for their patriotism and sacrifice.

This event is open to the community and includes members of the Virginia Army Reserve, the Virginia National Guard, the Virginia Defense Force, VFW units from across Northern Virginia, and the Vietnam Veterans Chapter 227.

Refreshments and free first floor tours of The Marshall's restored home are available after the event. Military and World War II era vehicles will be on display. Speakers to be announced.

RSVP is not required. For more information call 703-777-1301 or email events@georgemcmarshall.org. This event is rain (under tent) or shine.

Fall

**Outdoor
Rentals Available**

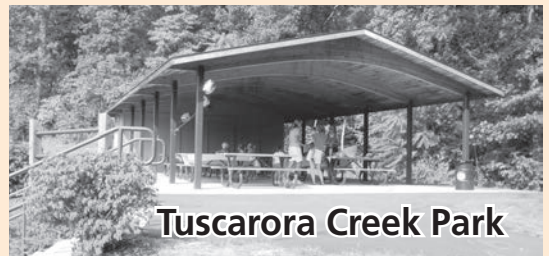
**Ida Lee
Park**



Edwards Landing Park



Tuscarora Creek Park



Foxridge Park



**Potomac
Crossing
Park**



**Enjoy your next event
at one of our pavilions.
703-737-2371 • www.idalee.org**

specialty classes

fundamentals • learning • fun



Private Voice Lessons

(Ages 13 & up) Students learn the rudimentary concepts of healthy singing techniques such as good posture, proper diction, and the use of the lower abdominal and diaphragm muscles to facilitate relaxed and deep breathing for singing and the ability to sing with the “whole body.” Students will develop these basic skills by singing simple and fun vocal exercises and learning popular musical theater and folk songs for maximum enjoyment of good singing. Please fill out a Private Voice Lesson Request Form online at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON	FEE
1, 30-minute lesson	\$25
4, 30-minute lessons	\$90

Private Keyboarding/Piano Lessons

(Ages 8 & up) Provides the beginning piano student with an introduction to the fundamental concepts of piano performance and knowledge of basic music theory and musicianship. All students must have home access to a keyboard/piano for practice purposes. Please fill out a Private Keyboard/Piano Request form at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON	FEE
1, 30-minute lesson	\$25
4, 30-minute lessons	\$90

Foundations of Digital Photography

(Ages 12 & up) Buttons and dials, exposure triangle, tips for better images, introduction to composition and perspective, and more. **Required: DSLR or Bridge Camera.** No class 10/9. 6, 2-hour classes.

CODE	DAY	TIME	DATES	FEE
210390a	MON	9:30am	9/11-10/23	\$90
210390b	MON	9:30am	11/6-12/11	\$90
210390c	MON	7:00pm	9/11-10/23	\$90
210390d	MON	7:00pm	11/6-12/11	\$90

Guitar Basics

(Ages 12 & up) If you are brand new to the guitar or would like a refresher, this course specializes in adult and youth beginners on acoustic guitar. Learn about the instrument, how to play various chords, and get comfortable playing with others. Participants must bring their own guitar. 4, 60-minute classes.


CODE	DAY	TIME	DATES	FEE
210300a	TUE	7:00pm	9/12-10/3	\$50

Guitar: Taking the Next Step

(Ages 12 & up) Learn more complex chords and notes to wow your friends and family, perform in school, rock a house show, or just be able to play along with your favorite artists! Participants must bring their own guitar. No class 10/31. 4, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
210301a	TUE	7:00pm	10/17-11/14	\$50

SPECIALTY CLASSES
703-777-1368



MOVIES in the PARK

Catch a Classic with Your Kids this Summer at Ida Lee Park!

Friday, July 21:

Air Bud

Friday, August 18:

Pink Panther

Movies begin at dusk.
Free event open to all ages. www.idalee.org
NO ALCOHOL or PETS ALLOWED.

FRIDAY NIGHTS under the stars at Ida Lee Park

Movies played outside under the stars near the AV Symington Aquatic Center. Bring your family, a blanket, and a snack!



dog training

sit • stay • down • come • and more

DOG TRAINING CLASSES
703-777-1368

Puppy Preschool

(Ages 10 & up) Learn how to become a responsible dog owner and how to get a puppy started on the right paw. Focusing on a positive training methodology as well as general care of your dog, class will cover common problems such as housebreaking, chewing, jumping up on people, and mouthing. This class will lay the foundation for your puppy to begin to learn. Class is open to puppies less than four months old on the first day of class. Minors must be accompanied by a parent. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session. Class meets at OIWPB. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
210380a	SAT	2:30pm	9/30-11/4	\$100



Training for the Family Dog - Intermediate

(Ages 10 & up) We will work on developing more reliability by incorporating distance, distraction, and duration with sit, stay, down, come, and walking on a loose leash. We will move outside to perform recalls and long stays. **Prerequisite:** Training for the Family Dog – Basic or equivalent. Minors must be accompanied by a parent. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session. Class meets at OIWPB. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
210383a	SAT	4:30pm	9/30-11/4	\$100



Training for the Family Dog - Basic

(Ages 10 & up) Learn how to train your dog and how a dog learns. The class will focus on a positive training methodology to teach such basics as sit, stay, down, come, and walking on a loose leash. This class is open to all dogs at least four months old. Minors must be accompanied by a parent. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session. Class meets at OIWPB. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
210382a	SAT	3:30pm	9/30-11/4	\$100



Dog Tricks

(Ages 10 & up) Tricks are a great way to improve training skills while having fun and building a strong relationship with your dog. The class teaches you how to encourage some playful dog tricks using props and interactive games that you can use at home. Using positive training methodology you will learn two new tricks a week such as: roll over, high five, take a bow, and many more. This class is all about fun and can be tailored to fit class interests. **Prerequisite:** This class is for dogs 6 months and older that have successfully completed Training for the Family Dog – Basic or Intermediate, or equivalent. Minors must be accompanied by a parent. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session. Class meets at OIWPB. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
210381a	SAT	5:30pm	9/30-11/4	\$100



THE LEESBURG DOG PARK

Visit this fun and attractive park!
Join other dogs and their owners to enjoy over 25,000 square feet of enclosed space in an attractive wooded setting. Includes a separate area for small dogs.

Open daily dawn to dusk

Olde Izaak Walton Park

850 Davis Court, S.E. • Leesburg, VA

703-777-1368

Private Training for the Family Dog

(Ages 10 & up) Good training strengthens a dog's bond with his or her owner. The instructor, utilizing knowledge from training family dogs to show dogs, will tailor lessons to your situation so that your dog becomes both a good teammate and a well-behaved member of the family. Please fill out a Private Training Request Form online at www.idalee.org and you will be contacted regarding payment and lesson time. Minors must be accompanied by a parent. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session.

LESSON	FEE
1, 30-minute lesson	\$45
4, 30-minute lessons	\$160
8, 30-minute lessons	\$300

This symbol indicates classes meet at
Olde Izaak Walton Park Building (OIWPB)



tots&toddlers

fundamentals • learning • fun



Messes and Masterpieces



(Ages 18 months-3 yrs) Each week, toddlers and caregivers will participate in a variety of theme based activities. Stories, songs, and games go hand in hand with a variety of painting, glitter, glue, and other craft items. Our focus is on experiencing the artistic process, not the end product. Class meets at OIWPB. 6, 30-minute classes.

CODE	DAY	TIME	DATES	FEE
211100a	SAT	9:00am	10/7-11/11	\$50

Open Play



(Ages 2-5) We are opening up our Izaak Walton Building for 2 hours every Thursday morning so you and your little ones can come and play in our indoor space! We will have tumbling mats, tunnels, and various other objects that will help provide a great time while socializing with others. **Please pre-pay online or at Ida Lee, no drop-in payment available at this time.** Class meets at OIWPB. 1, 2-hour session.

CODE	DAY	TIME	DATE	FEE
220102a	THU	10:00am	9/7	\$10
220102b	THU	10:00am	9/14	\$10
220102c	THU	10:00am	9/21	\$10
220102d	THU	10:00am	9/28	\$10
220102e	THU	10:00am	10/5	\$10
220102f	THU	10:00am	10/12	\$10
220102g	THU	10:00am	10/19	\$10
220102h	THU	10:00am	10/26	\$10
220102i	THU	10:00am	11/2	\$10
220102j	THU	10:00am	11/9	\$10
220102k	THU	10:00am	11/16	\$10
220102l	THU	10:00am	11/30	\$10
220102m	THU	10:00am	12/7	\$10
220102n	THU	10:00am	12/14	\$10

Watch Me Grow



(Ages 1-2) Parents and children are welcome for this fun, interactive class. You will crawl or walk through tunnels, obstacles courses, play with a parachute, sing songs, blow bubbles, and much more. The class objective is to enhance your child's gross motor development and socialization skills in a no pressure, loosely structured setting. Class meets at OIWPB. 4, 30-minute classes.

CODE	DAY	TIME	DATES	FEE
220101a	TUE	10:00am	9/5-9/26	\$30
220101b	TUE	10:00am	10/10-10/31	\$30
220101c	TUE	10:00am	11/14-12/5	\$30
220101d	WED	10:45am	9/6-9/27	\$30
220101e	WED	10:45am	10/11-11/1	\$30
220101f	WED	10:45am	11/15-12/6	\$30

Tykes Playskool



(Ages 2-4) Children love this loosely structured class designed to enhance their gross motor skills and accustom them to group settings with parent involvement. Cooperative games and songs make learning fun. Class meets at OIWPB. No class 11/24. 4, 40-minute classes.

(Ages 2-3)

CODE	DAY	TIME	DATES	FEE
220114a	FRI	9:30am	9/8-9/29	\$40
220114b	FRI	9:30am	10/13-11/3	\$40
220114c	FRI	9:30am	11/17-12/15	\$40

(Ages 3-4)

CODE	DAY	TIME	DATES	FEE
220115a	FRI	10:30am	9/8-10/29	\$40
220115b	FRI	10:30am	10/13-11/3	\$40
220115c	FRI	10:30am	11/17-12/15	\$40

Mommy and Me: Ballet & Tumbling

(Ages 1-3) Parents and toddlers will get to explore basic ballet and tumbling with fun, creative movements while engaging in one-on-one bonding. **Parent participation required.** 4, 30-minute classes.

CODE	DAY	TIME	DATES	FEE
210109a	TUE	9:30am	9/5-9/26	\$35
210109b	TUE	9:30am	11/7-11/28	\$35

Mommy and Me: Rock Tots Creative Movement

(Ages 1-3) Parents and toddlers will explore the world of music. Musical instruments, parachute, balls, and puppets will be incorporated into each class. **Parent participation required.** 4, 30-minute classes.

CODE	DAY	TIME	DATES	FEE
210114a	WED	9:30am	10/4-10/25	\$35
210114b	WED	9:30am	11/29-12/20	\$35

NEW Mommy and Me: Sing and Play Together

(Ages 4-7) This class includes rhythm and movement activities to develop fine motor skills, and singing and listening activities to develop the "musical ear." This is a great class to take if are thinking about having your child take private voice or piano lessons in the future. **Parent participation required.** 6, 30-minute classes.

CODE	DAY	TIME	DATES	FEE
210115a	MON	4:00pm	9/11-10/16	\$35
210115b	MON	4:00pm	11/6-12/11	\$35

This symbol indicates classes meet at
Olde Izaak Walton Park Building (OIWPB)



TOTS & TODDLERS CLASSES
703-777-1368



in the kitchen

homemade goodies

IN THE KITCHEN CLASSES
703-777-1368

NEW Junior Master Chefs: Parent & Child

(Ages 5-7) Parents are welcomed to join in this class with their children to help get them started down the path of cooking delicious food! This class is geared toward helping children be comfortable around the kitchen and to begin to learn how to prepare and cook simple food dishes. No class 10/31. 5, 45-minute classes/*4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
210135a	TUE	3:15pm	9/12-10/10	\$50
210135b	TUE	3:15pm	11/14-12/5	\$40*

Junior Master Chefs: Basic Skills

(Ages 5-7) Here is a great way to learn some basic culinary skills while preparing delicious dishes from scratch. This class is geared to getting children started down the path to becoming a master chef! **Child only participation in this class.** No class 10/31. 5, 75-minute classes/*4, 75-minute classes.

CODE	DAY	TIME	DATES	FEE
210133a	TUE	4:15pm	9/12-10/10	\$85
210133b	TUE	4:15pm	11/14-12/5	\$70*

Junior Master Chefs

(Ages 8-18) Learn to cook like a master chef making delicious meals using fresh ingredients. This class will create recipes from scratch. Students will learn how to chop, dice, and mince fresh herbs and veggies. This is a great way to expand their palettes and try new flavors. No class 10/31, 11/23. 5, 90-minute classes/*4, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
210134a	TUE	5:45pm	9/12-10/10	\$100
210134b	TUE	5:45pm	11/14-12/5	\$80*
210134c	THU	5:45pm	9/14-10/12	\$100
210134d	THU	5:45pm	10/26-11/30	\$100

A Taste of Italy

(Ages 6-16) Bon Appetito! From spaghetti to linguini, enjoy making fresh, homemade pasta. Learn how fresh pasta cooks quickly and savor the flavors. No class 11/22. 5, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
210132a	WED	5:45pm	9/13-10/11	\$85
210132b	WED	5:45pm	11/1-12/6	\$85

Halloween Marsh-Monsters

(Ages 3-6) Come create some scary yummy treats to get you ready for a haunting good Halloween! 1, 60-minute class.

CODE	DAY	TIME	DATE	FEE
210128a	THU	10:30am	10/26	\$10

Creative Cupcakes

(Ages 7-15) Participants will create and bake cupcakes each week using a different themed recipe. Every week their recipes will be tested and perfected – helping to build their skills in the kitchen and the art of cupcake mastery. As the students progress, they will choose 3 of their best cupcakes to be judged on taste and appearance during the last class. Participants are responsible for bringing an apron, a cookie sheet, and containers to carry any baked items home. Please bring any unique, creative, or even your favorite cupcake and/or icing recipe to share at the first class. No class 11/6. 5, 2 ½-hour classes.

(Ages 7-10)

CODE	DAY	TIME	DATES	FEE
210124a	MON	5:00pm	9/11-10/9	\$100

(Ages 11-15)

CODE	DAY	TIME	DATES	FEE
210125a	MON	6:00pm	10/30-12/4	\$100

Morning Kitchen Magic

(Ages 2-5) It's never too early to get hands-on in the kitchen and make a variety of yummy foods! Parents, be ready to be hands-on with your children as we help them explore ways to create some of their favorite breakfast foods! Bring an apron or cover-up for you and your child. No class 9/13. 4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
210131a	WED	9:15am	9/6-10/4	\$60
210131b	WED	9:15am	10/11-11/1	\$60
210131c	WED	9:15am	11/15-12/6	\$60

Cookie Creations

(Ages 2-5) Bring your imaginations and creativity for this fun and delicious class! Please bring an apron and a container to take home your edible art. Parent/Guardian involvement required. 1, 45-minute classes.

All The Fall Colors!

CODE	DAY	TIME	DATE	FEE
210130a	THU	9:15am	9/14	\$10

Ghosts And Ghouls!

CODE	DAY	TIME	DATE	FEE
210130b	THU	9:15am	10/19	\$10

Tis The Season!

CODE	DAY	TIME	DATE	FEE
210130c	THU	9:15am	12/7	\$10

UNLIMITED CHILD CARE PASSES
UNLIMITED CHILD CARE PASSES

SEE PAGE 16 FOR DETAILS

science & nature

explore
the
fascinating



Tots Nature Connect



(Ages 2-5) Join us as we take a journey into the fascinating nature around us. This class will help children learn about different aspects of nature through arts and crafts, stories, and playing. Weather permitting, we will explore outside along with our indoor classroom time. This is an adult-child participation program. Class meets at OIWPB. No class 11/23. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
210337a	THU	11:00am	9/7-10/12	\$65
210337b	THU	11:00am	10/26-12/7	\$65

Astronomy 101

(Ages 8 & up, with parent) Constellations, planets, and moons can be seen in the Fall sky. This class will introduce you and your child to the basics of astronomy including commonly used terms, how to use a basic telescope, what stars are rising and setting, and the phases of the moon. Class time is split with indoor presentation followed by outdoor observation (weather permitting), so please dress appropriately. 1, 90-minute class.

CODE	DAY	TIME	DATE	FEE
210330a	FRI	7:30pm	9/8	\$15
210330b	FRI	7:00pm	10/6	\$15
210330c	FRI	7:00pm	11/10	\$15

new Science in Art

(Ages 9-12) Have you ever seen a flower glow, or broken light into every color imaginable? In this class, students will create unbelievable pieces of art like sun prints, a galaxy in a bottle, and even grow their name in crystals! We will craft art in a unique way, showing that science can be beautiful and art is more than meets the eye. This class is ideal for young artists who love creating and learning! Take the smart approach to art and wow your friends and family with your masterpieces and the concepts involved in forming them. No class 11/22. 6, 75-minute classes.

CODE	DAY	TIME	DATES	FEE
210332a	WED	5:00pm	9/6-10/11	\$60
210332b	WED	5:00pm	10/25-12/6	\$60

This symbol indicates classes meet at
Olde Izaak Walton Park Building (OIWPB)



imagination & fun

arts & crafts

Budding Artists

(Ages 4-6) Young artists will be introduced to the five basic elements of drawing, discover the fun of colors, and use their imagination to create pictures. Bring a drawing tablet to class. No class 11/25, 12/2. 4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
211116a	SAT	1:00pm	9/9-9/30	\$30
211116b	SAT	1:00pm	10/14-11/4	\$30
211116c	SAT	1:00pm	11/11-12/16	\$30

Nature Art!

(Ages 6-10) Venture around Potomac Crossing Park to create awesome works of art out of items found on the trail! Location may change based on weather. 5, 75-minute classes.

CODE	DAY	TIME	DATES	FEE
210208a	TUE	4:00pm	9/19-10/17	\$50

Painting with Acrylics

(Ages 6-14) This class is for all levels. Session "a" will focus on learning to paint animals from the air, land, and sea. Session "b" will focus on learning to paint buildings, barns, cars, tractors, and more. The instructor will provide a supply list prior to the first class. No class 11/23. 6, 75-minute classes.

CODE	DAY	TIME	DATES	FEE
211305a	THU	4:00pm	9/7-10/12	\$60
211305b	THU	4:00pm	10/26-12/7	\$60

15% Off
Fall Sale

For
Ida Lee
Park
Recreation
Center
Valid:
9/15/17
through
10/15/17

10% Off Sale on Personal Training

9/15/17 thru 10/15/17

ARTS & CRAFTS CLASSES
703-777-1368



dance

all ages can learn to dance at Ida Lee

DANCE CLASSES
703-777-1368

youthdance

new Ballet, Tap, and Tumble

(Ages 2-4) Each week students will alternate between ballet/tap and tumbling. Students will engage in socialization and basic dance terminology. Basic tumbling will be introduced. **Ballet and tap shoes required.** 4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
211400a	TUE	10:00am	9/5-9/26	\$45
211400b	TUE	10:00am	11/7-11/28	\$45

Hip Hop & Jazz Combo

(Ages 2-4) Each week students will learn basic dance terminology and movement. Fun, socialization, and creativity will be introduced. **Jazz or ballet shoes required.** 4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
211402a	WED	10:00am	10/4-10/25	\$45
211402b	WED	10:00am	11/29-12/20	\$45

new Tap

(Ages 3-8) In this class children will learn the basics of tap dancing. Basic fundamentals and terminology will be introduced. **Tap shoes required.** No class 10/9. 6, 45-minute classes.

(Ages 3-5)

CODE	DAY	TIME	DATES	FEE
211404a	MON	10:00am	9/11-10/23	\$65
211404b	MON	10:00am	11/6-12/11	\$65

(Ages 6-8)

CODE	DAY	TIME	DATES	FEE
211406a	MON	4:15pm	9/11-10/23	\$65
211406b	MON	4:15pm	11/6-12/11	\$65

new Tap, Ballet, and Jazz Combo

(Ages 9-12) Each class will be broken into 30 minute segments to cover each style of dance and movement. This is a great way for children to be introduced to new styles of dance, and to see how they can be intertwined together. **Ballet and tap shoes required.** 6, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
211408a	TUE	4:15pm	9/12-10/17	\$100
211408b	TUE	4:15pm	11/7-12/12	\$100

Pre-Ballet

(Ages 3-5) This is an introductory course for tots interested in ballet. The class will simplify all movements to prepare your child to participate in Ballet I. Parents are invited to observe the last class. No class 11/22, 11/25, 12/2. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
206100a	WED	3:30pm	9/6-10/11	\$65
206100b	WED	3:30pm	10/25-12/6	\$65
206100c	SAT	9:00am	9/9-10/14	\$65
206100d	SAT	9:00am	10/28-12/16	\$65
206100e	SAT	10:00am	9/9-10/14	\$65
206100f	SAT	10:00am	10/28-12/16	\$65

Ballet I

(Ages 5-6) Children will learn the basics of formal ballet. Posture, positions, and style will be introduced and strengthened. Ballet is a fun way to teach your child the importance of daily physical activities. Children will be introduced to music rhythm and working basic technique. Parents are invited to observe the last class. No class 11/22, 11/25, 12/2. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
206102a	WED	4:30pm	9/6-10/11	\$65
206102b	WED	4:30pm	10/25-12/6	\$65
206102c	SAT	11:00am	9/9-10/14	\$65
206102d	SAT	11:00am	10/28-12/16	\$65

Jazz Mini Dancers

(Ages 3-5) This introductory class will focus on fundamentals of dance movement through exploration of direction, level, speed, and rhythm. Students will begin to understand movement concepts of isolation and coordination. They will learn basic jazz steps and simple combinations set to fun, upbeat, contemporary music in an age appropriate setting which focuses on fun and creativity. No class 11/23, 11/25, 12/2. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
206174a	THU	10:00am	9/7-10/12	\$65
206174b	THU	10:00am	10/19-11/30	\$65
206174c	SAT	12:00pm	9/9-10/14	\$65
206174d	SAT	12:00pm	10/28-12/16	\$65

Dance & Play

(Ages 3-5) This class mixes creative dance activities with fun games and is designed to help pre-school age children with developing their motor skills, balance, and rhythm in a fun and highly interactive environment. No class 11/23. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
206171a	THU	11:00am	9/7-10/12	\$65
206171b	THU	11:00am	10/19-11/30	\$65



NEW Tap and Jazz Combo

(Ages 12-16) This class is great for teens looking to further their dance repertoire or to try something new and fun. **Tap and Jazz shoes required.** No class 10/9. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
206179a	MON	5:15pm	9/11-10/23	\$65
206179b	MON	5:15pm	11/6-12/11	\$65

Teen & Adult Ballet Basics

(Ages 13 & up) For teens and adults who have always wanted to take ballet, but never had the chance and students who want to improve technique. Ballet is great training to further dance skills and helps improve coordination and posture while tightening and toning your core. Performance opportunities may be available, but are not mandatory for registrants. No class 11/23. 6, 50-minute classes/*3, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
206176a	THU	6:00pm	9/7-10/12	\$65
206176b	THU	6:00pm	10/19-11/30	\$65
206176c	THU	6:00pm	12/7-12/21	\$35*

Intermediate Teen & Adult Ballet

(Ages 13 & up) This class continues on from the teachings in the basic class and begins to incorporate more advanced techniques and styles. Performance opportunities may be available, but are not mandatory for registrants. 6, 50-minute classes/*4, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
206180a	TUE	6:10pm	9/5-10/10	\$65
206180b	TUE	6:10pm	10/17-11/21	\$65
206180c	TUE	6:10pm	11/28-12/19	\$45*

CODE	DAY	TIME	DATES	FEE
206172a	TUE	7:00pm	9/5-10/10	\$65
206172b	TUE	7:00pm	10/17-11/21	\$65
206172c	TUE	7:00pm	11/28-12/19	\$45*

Cha-Cha II

(Ages 18 & up) Born out of the Cuban mambo, cha-cha is a fun, basic Latin dance. Come learn the advanced patterns and techniques that you can use while dancing to a surprisingly wide array of music. No partners required. 8, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
206274a	SUN	6:00pm	10/1-11/19	\$85

Rumba I

(Ages 18 & up) Sensuous and passionate, rumba is a traditional Latin wedding dance. Come and learn the basic footwork and techniques, then share this romantic dance with a special person. No partners required. 8, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
206276a	SUN	7:00pm	10/1-11/19	\$85

Contemporary/Modern Dance

(Ages 18 & up) This technique class offers barre and floor exercises in a variety of contemporary/modern styles. Complete dances and improvisation will also be introduced. Open to all levels. Performance opportunities may be available, but not mandatory for registrants. No class 11/22. 6, 50-minute classes/*3, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
206175a	WED	6:00pm	9/6-10/11	\$65
206175b	WED	6:00pm	10/18-11/29	\$65
206175c	WED	6:00pm	12/6-12/20	\$35*

Intermediate/Advanced Ballet for Adults

(Ages 18 & up) A great way to stay limber and to strengthen muscles and posture. Designed for the intermediate level, but all are welcome. No class 11/22. 6, 50-minute classes/*3, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
206177a	WED	7:00pm	9/6-10/11	\$65
206177b	WED	7:00pm	10/18-11/29	\$65
206177c	WED	7:00pm	12/6-12/20	\$35*

Ballroom 101

(Ages 18 & up) Learn the basic movements of ballroom dancing, including waltz, tango, and mambo/cha cha through simple figures, sequences, and methods of leading and following. Expect to do some mixers, perhaps a few historical/novelty dances as well. No need for a partner. This is a great class to take with a mixed group of friends! 8, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
206272a	SUN	5:00pm	10/1-11/19	\$85

Dance Socials

(Ages 16 & up) This is an excellent opportunity for beginners to see all of our dances and take your first steps to learning them. For current students, the socials are a perfect opportunity to practice the skills you have learned or check out some new steps you might be interested in learning. The first hour will focus on a dance lesson, and then you get to hit the dance floor. Refreshments will be provided. 1, 3-hour class.

CODE	DAY	TIME	DATE	FEE
206222a	FRI	7:00pm	9/8	\$10 advance/\$15 day of
206222b	FRI	7:00pm	10/13	\$10 advance/\$15 day of
206222c	FRI	7:00pm	11/10	*2 non-perishable food items
206222d	FRI	7:00pm	12/8	\$10 advance/\$15 day of

Every 2nd Friday! No Partner Needed!

Private Dance Lessons

(Ages 18 & up) Private lessons are available through Ida Lee Park Recreation Center. Private lessons allow for specialized, individualized lessons based on your needs and schedule. Students will be placed on a waitlist and contacted regarding availability and type of dance preferred. Please fill out a Private Dance Lesson Request Form at www.idalee.org and you will be contacted regarding payment and lesson time.

LESSON	FEE
1, 60-minute lesson	\$50/single or couple
5, 60-minute lessons	\$235/single or couple
10, 60-minute lessons	\$450/single or couple



specialty programs

explore • create • imagine

SPECIALTY PROGRAMS
703-777-1368

We offer a variety of classes that are contracted through private vendors. Because of this, registration payment is split between the two parties. We collect our part of the fee when you register for the class, but the vendor still needs to receive their portion of the fee to complete the process. Ideally, this should be done at the same time that registration with us is completed. However, some vendors collect their portion the first day of class. Since there are differences in vendor preference, we note at the end of each class description what is necessary to complete registration.

Chess

(Ages 5-12) Learn chess from professional instructors of Silver Knights Chess Company. Lessons range from learning the rules to advanced tournament strategies. Students are paired against opponents with similar skills and have the opportunity to play in local, state, and national tournaments. **This is a contracted program. A provider fee is due to the instructor the first day of class. Please make checks payable to Silver Knights Enrichment.** Class meets at OIWPB. No class 10/9, 11/6. 8, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
210345a	MON	5:30pm	10/2-12/4	\$36
Provider Fee				\$84



NEW Coding Club with Silver Knights Enrichment

(Ages 5-12) Children learn to create stories, games, and animations using a visual programming language called Scratch. It's as easy to use as snapping together building blocks! With Scratch, children learn to think creatively, work collaboratively, and reason systematically. This curriculum teaches new coders the basics while challenging more experienced coders to create increasingly complex programs. Silver Knights provides a laptop for each participant. **This is a contracted program. A provider fee is due to the instructor the first day of class. Please make checks payable to Silver Knights Enrichment.** No class 10/31, 11/7. 8, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
211142a	TUE	5:30pm	10/3-12/5	\$60
Provider Fee				\$140

Mini Artists by Abrakadoodle®

(Ages 3-5) The Abrakadoodle art experience engages children with multi-media art lessons that will inspire your child's imagination. Children will explore shapes, color, and textures by using different materials and tools to create imaginative art work. Students will create and bring home a new piece of artwork each week. **This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.abrakadoodle.com/va-loudoun-county-register.** No class 11/25. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
211144a	SAT	10:00am	9/16-10/21	\$35
211144b	SAT	10:00am	10/28-12/9	\$35
Provider Fee				\$78

Parent and Me by Abrakadoodle®

(Ages 20 months-3 yrs) Our young artists get the chance to explore different art materials such as paints, modeling compounds, and other wonderful art materials. They roll, scribble, shake, and pound as they learn about color, shape, and form, while developing hand-eye coordination and fine motor skills that they will need later in school to write and draw. Students will create and bring home a new piece of artwork each week. Parent supervision is required. **This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.abrakadoodle.com/va-loudoun-county-register.** 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
211143a	TUE	10:00am	9/19-10/24	\$30
211143b	TUE	10:00am	10/31-12/5	\$30
Provider Fee				\$66

Young Rembrandts™ Drawing

(Ages 6-12) Students learn and develop drawing skills and art appreciation through our progressive, open-ended approach to drawing. We use stepwise instruction to inspire students' independent drawings, including seasonal, realistic, and abstract images. Our curriculum is varied and challenging, with new, engaging drawing lessons every week, and every session. Our goal is to provide children with the skills and confidence to create fun and rewarding artwork in and out of our class. **This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax-va.** Class meets at OIWPB. 5, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
243276a	THU	6:30pm	9/28-10/26	\$33
Provider fee				\$95



WebTrac

online registration is available. Visit www.idalee.org or call 703-777-1368 for details.



This symbol indicates classes meet at (OIWPB)
Olde Izaak Walton Park Building!

Young Rembrandts™ Cartooning



(Ages 6-12) Students learn and develop their ability to draw cartoon imagery, including action, irony, and emotional expression of characters. We use stepwise instruction to encourage students to create their own independent versions of our cartoon lessons, with animated characters in humorous settings. Our curriculum is varied and challenging, with new, engaging cartooning lessons every week, and every session. Our goal is to provide students with a fun introduction to cartooning techniques such as exaggeration, caricature and personification, to make playful art of their own. **This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax-va.** Class meets at OIWPB. No class 11/23. 5, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
243280a	THU	6:30pm	11/2-12/7	\$33
Provider fee				\$95

Young Rembrandts™ Exotic Animals



(Ages 6-12) Go on a Safari adventure! We will use a variety of drawing techniques and media to create realistic, graphic, and cartoon images of exotic animals in their natural habitats. Big wild cats, primates, colorful birds, and other animals of the world come to life through structured drawing and careful detailing. Students are introduced to pastel drawing and develop art vocabulary, compositional skills, and fine motor techniques. **This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax-va.** Class meets at OIWPB. 5, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
243282a	SAT	1:00pm	9/23-10/21	\$33
Provider fee				\$95

Young Rembrandts™ Explores: Master Artists



(Ages 6-12) Young artists are inspired by the Master artists, including Munch, Matisse, Van Gogh, Cezanne and Monet, to create their own works of art. We use markers, color pencil, and pastels to practice different techniques and styles. Impressionism, Expressionism, Cubism, and Fauvism are some of the art styles we explore in our weekly homage to the Masters. **This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax-va.** Class meets at OIWPB. No class 11/11, 11/25. 5, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
243275a	SAT	1:00pm	10/28-12/9	\$33
Provider fee				\$95

This symbol indicates classes meet at
(OIWPB)

**Olde Izaak Walton
Park Building!**



NEW C3 Cyber Club Visual Programming with Scratch



(Ages 6-14) If students are interested in creating video games, they will need to learn the basics of how games work both artistically and with technology. Scratch, made in the Massachusetts Institute of Technology, has excellent visual programming tools and graphics editor to allow students to build a game they will love while learning. **This is a contracted program. A provider fee is due to the instructor before the first day of class – call 703-729-0985 to make payment.** Class meets at OIWPB. 6, 60-minute classes.

(Ages 6-9)

CODE	DAY	TIME	DATES	FEE
243290a	SAT	9:00am	9/16-10/21	\$45
Provider Fee				\$99

(Ages 10-14)

CODE	DAY	TIME	DATES	FEE
243292a	SAT	10:15am	9/16-10/21	\$45
Provider Fee				\$99

NEW Minecraft Modding



(Ages 6-14) In this class students will learn how to create their own custom gameplay items and elements using MCreator and Minecraft. Students will learn how to create artwork for various items, and implement them into the game with custom behaviors while learning about texturing, logic flow, asset organization, and custom event triggers. Design their own custom blocks, weapons, food, biomes, and more! **This is a contracted program. A provider fee is due to the instructor before the first day of class – call 703-729-0985 to make payment.** Class meets at OIWPB. No class 11/25. 6, 60-minute classes.

(Ages 6-9)

CODE	DAY	TIME	DATES	FEE
243294a	SAT	9:00am	10/28-12/9	\$45
Provider Fee				\$99

(Ages 10-14)

CODE	DAY	TIME	DATES	FEE
243296a	SAT	10:15am	10/28-12/9	\$45
Provider Fee				\$99

Winter Break Camp

(Ages 6-12) Campers will participate in sports, indoor games, arts and crafts, swimming, and other group activities. Bring a swimsuit, towel, bag lunch, and two snacks with drinks each day. Camp forms will be available on our website www.idalee.org prior to the start of camp.

CODE	DAYS	TIME	DATES	FEE
240100a	M-F	8:00am-5:00pm	12/18-12/22	\$215
240100b	W-F	8:00am-5:00pm	12/27-12/29	\$130

special events

fun for all ages

SPECIAL EVENTS
703-777-1368

Thanksgiving Tea Party

(Ages 3-8) Sip your way into the fine world of tea. Come with your mother, father, grandmother, grandfather, or any or all to tea at Ida Lee. Our tea party will feature crafts, teeny tiny sandwiches, and of course some wonderful teas!

CODE	DAY	TIME	DATE	FEE
210118a	TUE	11:00am	11/14 (Parent guardian/child)	\$20
210118b	TUE	11:00am	11/14 per additional registration	\$10

Monster Bash

(Ages up to 8, with parent or guardian) Bring your little ghosts and goblins to Ida Lee's Halloween Party! We will have games, snacks, and entertainment to dance and groove to! Be sure to wear your costume! Pre-registration is required for this event. 1, 90-minute event.

CODE	DAY	TIME	DATE	FEE
211124a	FRI	6:30pm	10/27	\$12
211124b	FRI	6:30pm	10/27	\$8 (2 & under)

9th Annual Dog Swim

Celebrate the end of the pool season with a dog swim at the AV Symington Aquatic Center. Pool will be open for dogs only to swim and play. Bring your own doggie dish for water. Dog handlers are limited to two dogs and must be 16 years or older. All dogs must be legally licensed and vaccinated and shall wear a visible dog license. Children ages 9 and under must stay in the snack area of the pool deck. Pre-registration recommended and payments will be accepted at the front gate. 1, 4-hour event.

CODE	DAY	TIME	DATE	FEE
210119a	SAT	10:00am	9/9	\$5

Rockin' with Rudolph and Friends!

(Ages up to 8, with parent or guardian) Bring your camera and dancing shoes! Santa will be on hand for picture opportunities and to hear wish lists. Then join Rudolph and Frosty as they rock out to holiday favorites and other kid's tunes while dancing the night away! Pre-registration is required for this event. 1, 90-minute event.

CODE	DAY	TIME	DATE	FEE
207288a	FRI	6:30pm	12/8	\$12
207288b	FRI	6:30pm	12/8	\$8 (2 & under)




Saturday
September 30TH
(11am - 4pm)

Leesburg Executive Airport
www.leesburgairshow.com

Barrel Rolls
Nose Dives
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Food, Vendors, and Exhibitors



YOUR PERFECT DAY



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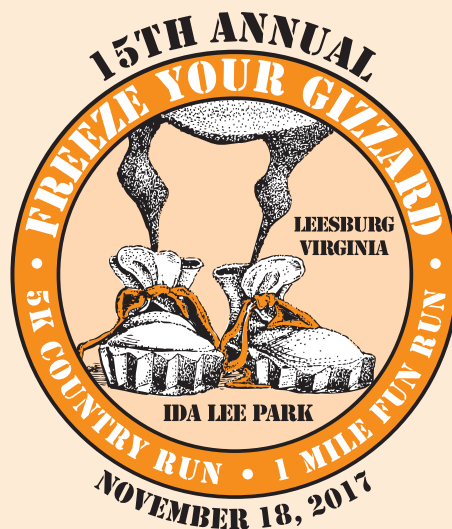
**Planning a business meeting,
a family reunion, a wedding,
a wedding reception, or
other group function?**

WE CAN ACCOMMODATE YOUR NEEDS!

Ida Lee has a variety of meeting and banquet spaces to meet your special event needs. Our facility features rooms that can accommodate up to 175 people for a seated banquet. Our lower level has over 3,000 sq. ft. of meeting space, an outdoor patio, and a full service warming/catering kitchen.

**703-737-2371 or
rentalcoordinator@leesburgva.gov**

THE TOWN OF LEESBURG'S



in partnership with Loudoun Hunger Relief

The 15th Annual Freeze Your Gizzard 5K Cross Country Race and 1 Mile Fun Run will be held at Ida Lee Park on Saturday, November 18th. The 5K Race starts at 9:00am and the 1 Mile Fun Run at 9:45am. Pre-registered 5K runners will receive a long-sleeved T-shirt at check-in and day of registrations will receive T-shirts while supplies last. Registered 1 Mile Fun Run runners will receive a commemorative medal following the race. Refreshments will follow both races. The 5K race runs through Ida Lee Park's scenic cross country course. No dogs, wagons, or baby strollers are allowed on the course due to uneven terrain.

The races will start and finish at the gazebo in the front field of Ida Lee Park. Please follow parking signs; event parking is accessed from North King Street not Ida Lee Drive.

A Thanksgiving themed costume contest will take place for the 5K Race. Prizes will be awarded to the Best Individual Costume and Best Group Costume. Prizes will also be given out to the first, second, and third place male and female winners of the 5K run for each age category, as well as top overall male and female runners. Age categories are 19 and under, 20-29, 30-39, 40-49, 50-59, 60 and over. Register online at www.prraces.com or at Ida Lee Park Recreation Center. Pre-registration will be open until Wednesday, November 15th. After this date, all additional runners must register at the gate beginning at 7:00am; race time is 9:00am.

Race fees are as follows: \$25 in advance, \$30 day-of for the 5K and \$10 in advance, \$15 day-of for 1 Mile Fun Run. All participants are asked to bring 2 canned goods or non-perishable items to donate to the Loudoun Hunger Relief Food Bank.

Bib and shirt pick up will be available on Friday, November 17th. Check www.idalee.org for time and location.

Pre-Registration for All Ages

CODE	CATEGORY	FEE
229500a	5K Run	\$25 & 2 canned goods
229520a	1 Mile Run	\$10 & 2 canned goods

SPECIAL EVENTS
703-777-1368



Christmas Tree and Menorah Lighting

FRIDAY, DECEMBER 1ST, 6:00PM

Join friends and neighbors and celebrate the start of the holiday season. The ceremony will feature entertainment from local performers and a holiday message from the Mayor. Join the festivities and view the lighting of the Christmas tree and menorah.

Holiday Fine Arts and Crafts Show at Ida Lee Park Recreation Center

DECEMBER 2ND, 9:00AM-4:00PM AND DECEMBER 3RD, 10:00AM-4:00PM

This show features over 95 local and regional artisans selling hand-made items including candles, stained glass, carved wood, jewelry, leather products, table linens, and much more. Find something for everyone on your shopping list and a little something to brighten your home this holiday season. Free parking and admission.

Annual Christmas and Holiday Parade

SATURDAY, DECEMBER 9TH, 6:00PM

The parade will usher Santa and his friends down King Street, through Historic Leesburg. The parade will begin at Ida Lee Drive and end at Fairfax Street. Parade participation is open to the public.

Jingle Jam

SATURDAY, DECEMBER 9TH

Information about Jingle Jam and Jr. Jam, Leesburg's Holiday Rock n' Roll concerts, will be coming soon. Tickets go on sale November 15th. See our website for times, dates, performers, and location.

703-777-1368

www.idalee.org

visit the parks

of Leesburg this Fall



1. Ida Lee Park

(138 Acres) located at 60 Ida Lee Drive, N.W. Recreation Center (indoor pools, gymnasium, fitness room, meeting rooms, racquetball courts, aerobic/dance, child-care, preschool, arts/crafts room, and social hall), soccer/lacrosse fields, concession/restrooms, 11-court tennis complex (4 indoor), outdoor aquatic center, playground, picnic shelter, community garden plots, tables, bandstand, and trails.

2. Rotary Park

(1 Acre) located at 22 North Street, N.E. Basketball court, playground, picnic tables, and benches.

3. Brandon Park

(3 Acres) located at 878 Harrison Street, S.E. Open space, picnic tables, and handicapped accessible playground.

4. Raflo Park

(3 Acres) located at 345 Harrison Street, S.E. Picnic tables, gazebo, and W&OD Trail access.

5. Foxridge Park

(9 Acres) located at 525 Catoctin Circle, S.W. Picnic shelter, restroom, tables, youth softball/soccer field, basketball court, playground, and W&OD Trail access.

6. Georgetown Park

(1/2 Acre) located at 221 South King Street. Picnic tables, benches, and W&OD Trail access.

7. Catoctin Park

(1/2 Acre) located at 141 Catoctin Circle, S.E. Eric Brown Skate Plaza (bowl and street inspired elements), picnic tables, and shade.

8. Robinson Park

(10 Acres) located at 345 Plaza Street, N.E. Baseball field, multi-purpose field, and trail.

9. Carrvale Park

(4 Acres) located at 919 Marshall Street, N.E. Open space.

10. Greenway Park

(4 Acres) located at 103 Shade Tree Way, S.W. Playground, basketball court, picnic tables, benches, and nature trail.



11. Tuscarora Creek Park

(29 Acres) located at 425 Solitude Court, S.E. Picnic shelter, tables, playground, and W&OD Trail access.

12. Veterans Park at Balls Bluff

(86 Acres) located at 42314 Balls Bluff Road. Permanent access to be provided in the future. A master plan has been developed for proposed uses of the park.

13. Olde Izaak Walton Park

(21 Acres) located at 850 Davis Court, S.E. The park, once owned by the Izaak Walton League, includes a 3 1/2 acre pond, stream, trails, dog park, and a 7,500 square foot building.

14. Freedom Park

(20 Acres) located at 101 Colonel Grenata Circle, S.E. Two baseball fields, two softball fields, a football/soccer field, a field house with concessions, and a 9/11 Memorial Garden.

15. Edwards Landing Park

(32 Acres) located at 901 Powhatan Court, N.E. Picnic shelter, tables, nature trails, and Potomac Heritage Trail access.

16. Potomac Crossing Park

(8 Acres) located at 508 Shanks Evans Road, N.E. Picnic shelter, tables, playground, open space, and connecting trails.

17. Mervin Jackson Park

(1/5 Acre) located adjacent to the Town Parking Garage on Loudoun Street, S.W. Open space, benches, tables, and garden areas.

FOR MORE INFORMATION ABOUT THE PARKS OF LEESBURG CALL:

703.777.1368 or
visit us on the web at
www.idalee.org

PLAY IN OUR PARKS
FOR AN HOUR, A DAY, OR A LIFETIME!



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PERSONAL TRAINING
See page 19 for details.

